



Girlguiding

Cymru



For ages 4 to 7

Rainbows welcomes all girls to come together to laugh, learn and have fun in a creative, safe space. It's a wonderful world of adventure, week after week, just for her.



Brownies is full of firsts: she can explore her creative side, get out into the great outdoors, learn how to look after herself, others and the world we live in.



Brownies

For ages 7 to 10

Guides

For ages 10 to 14

Guides is a fun-filled space, she'll have one big adventure with friends, learn how to be herself, explore the things she loves and do stuff she's never done before!



Rangers is an open and relaxed space, where you can regularly meet up, go on trips at home and abroad, to help make a difference to the things you care about.



Rangers

For ages 14 to 18

Find a group near you [girlguiding.org.uk](https://www.girlguiding.org.uk)

Registered charity number: 521209



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I rai 4 i 7 oed

Mae Rainbows yn croesawu pob merch i ddod at ei gilydd i chwerthin, dysgu a chael hwyl mewn lle creadigol a diogel. Mae'n fyd bendigedig o antur, wythnos ar ôl wythnos, dim ond iddi hi.



Mae Brownies yn llawn o'r pethau cyntaf: gall archwilio ei hochr greadigol, mynd allan i'r awyr agored, dysgu sut i ofalu amdani hi ei hun, eraill a'r byd yr ydym yn byw ynddo.



I rai 7 i 10 oed



I rai 10 i 14 oed

Mae Guides yn le llawn hwyl, bydd hi'n cael un antur fawr gyda ffrindiau, dysgu sut i fod yn hi ei hun, archwilio y pethau mae hi'n eu caru a gwneud pethau nad yw hi erioed wedi'u gwneud o'r blaen!



Mae Rangers yn fan agored a hamddenol, lle gallwch chi gwrdd yn rheolaidd, mynd ar deithiau gartref a thramor, i helpu i wneud gwahaniaeth i'r pethau sy'n bwysig i chi.



I rai 14 i 18 oed



Chwiliwch am grŵp yn eich ardal chi girlguiding.org.uk

Rhif elusen gofrestrdig: 521209