



Gwirfoddolwch gyda Girlguiding

Volunteer with Girlguiding



**Rydyn ni'n helpu pob
merch i wybod y gallant
wneud unrhyw beth**

Mae'n hollol hyblyg a does dim
ymrwymiad yn rhy fach.
Gallwch wirfoddoli mewn grwp neu
defnyddiwch eich sgiliau y tu ol i'r
golygfeydd, nid oes angen unrhyw brofiad
guiding arnoch ac mae croeso i bawb!

**We help all girls
know they can do
anything**

It's totally flexible and there's no
commitment too small.
You can volunteer in a group or use
your skills behind the scenes, you don't
need any guiding experience
and everyone is welcome!

Darganfod mwy / Find out more [girlguiding.org.uk/volunteer](https://www.girlguiding.org.uk/volunteer)



Girlguiding Cymru



Rainbows

I rai 4 i 7 oed
For ages 4 to 7

Mae Rainbows yn croesawu pob merch i ddod at ei gilydd i chwerthin, dysgu a chael hwyl mewn lle creadigol a diogel. Mae'n fyd bendedig o antur, wythnos ar ôl wythnos, dim ond iddi hi.

Rainbows welcomes all girls to come together to laugh, learn and have fun in a creative, safe space. It's a wonderful world of adventure, week after week, just for her.



Mae Brownies yn llawn o'r pethau cyntaf: gall archwilio ei hochr greadigol, mynd allan i'r awyr agored, dysgu sut i ofalu amdani hi ei hun, eraill a'r byd yr ydym yn byw ynddo.

Brownies is full of firsts: she can explore her creative side, get out into the great outdoors, learn how to look after herself, others and the world we live in.



Brownies

I rai 7 i 10 oed
For ages 7 to 10



Guides

I rai 10 i 14 oed
For ages 10 to 14

Mae Guides yn le llawn hwyl, bydd hi'n cael un antur fawr gyda ffrindiau, dysgu sut i fod yn hi ei hun, archwilio y pethau mae hi'n eu caru a gwneud pethau nad yw hi erioed wedi'u gwneud o'r blaen!

Guides is a fun-filled space, she'll have one big adventure with friends, learn how to be herself, explore the things she loves and do stuff she's never done before!



Mae Rangers yn fan agored a hamddenol, lle gallwch chi gwrdd yn rheolaidd, mynd ar deithiau gartref a thramor, i helpu i wneud gwahaniaeth i'r pethau sy'n bwysig i chi.

Rangers is an open and relaxed space, where you can regularly meet up, go on trips at home and abroad, to help make a difference to the things you care about.



Rangers

I rai 14 i 18 oed
For ages 14 to 18



Chwiliwch am grŵp yn eich ardal chi
Find a group near you [girlguiding.org.uk](https://www.girlguiding.org.uk)