

# Give it a Go Brownies Cricket badge



To gain your 'Give it a Go' cricket badge, you can either follow the instructions below with help from your leader or take part in a cricket taster session delivered by a qualified local coach

- Name 2 pieces of equipment used in cricket.
- Understand what clothes and safety equipment you need to play cricket.
- Name 2 rules in cricket.
- Demonstrate the correct technique in catching the ball.

## 1 Activity 1 - Catch it

Practise passing and catching with a partner.  
Complete 10 throws each using:

- An underarm throw
- An overarm throw
- Make sure you're using the correct technique to catch the ball
- Throw the ball into a space for your partner to move and catch.

## 2 Activity 2 - Caterpillar catch

- A set of cones are placed on the floor.
- In teams you will spread out on the cones facing a partner.
- The first player has 5 balls and needs to throw them to their partner.
- Once all 5 balls have been thrown they sprint along the line and catch the ball at the other end.
- Everyone repeats the same movements.
- It will look like a caterpillar is moving down the line.



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