

Give it a Go Brownies Physical literacy badge



To gain your 'Give it a Go' physical literacy badge you must complete the activities from below with the help of your unit leader.

Activity 1: With reference to the Play to learn resource / play to learn technical skills manual, use the activity cards to demonstrate competency in:

- Locomotor skills
- Manipulative skills
- Body management.

Visit the Sport Wales [play to learn site](#)



Activity 2: Complete 15 different activities with at least 2 from each section, from the dragon sport multi skills pack that will improve your sporting skills in different areas.

Visit Sport Wales site to download [here](#)

Activity 3: Create a poster of all the new skills you have learnt whilst completing the badge.

[Click here to
buy badge](#)

**Physical skill
Confidence Motivation
Lots of Opportunities
= Physical Literacy**

