

Give it a Go Brownies Netball badge



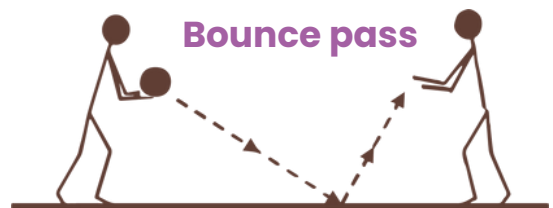
To gain your 'Give it a Go' netball badge, you should follow the instructions below with help from your leader or take part in a netball taster session with a qualified local coach.

Name 3 rules that you must follow in a game of netball

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1 Activity 1 - Precision passing

- In pairs, throw the ball back and forth using a bounce pass.
- In pairs, throw the ball back and forth using a chest pass.
- How many passes can you do in 1 minute? Complete for both types of pass.



2 Activity 2 - Piggy in the middle

- In groups of 6 (4 attackers and 2 pigs) form a square
- The 2 pigs will stand inside the square and try and intercept the ball as the attackers stand on the outside of the square and pass the ball around.
- The player who intercepts the ball successfully takes the place of the player who threw the ball.



3 Activity 3 - Knock over the cones

- In teams you will play against each other to knock down the cones.
- Each team has different cones/skittles.
- The aim of the game is for a team to knock down their oppositions cones before theirs gets knocked down.

