

Give it a Go Guides Archery badge



To gain your 'Give it a Go' archery badge, you should complete all of the activities below with a qualified instructor.

- Understand the health and safety points for archery
- Name 4 pieces of equipment needed to take part safely
- Name the 5 phases of shooting

1 Activity 1 - Demonstrate technique

- Stance – the correct positioning
- Bow – how to hold the bow and shoot safely
- Arrow – load your arrow correctly
- Collect your arrows safely

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2 Activity 2 - Shooting

- Aim and shoot 3 arrows at a target
- What colours can you hit and how close can you get to the bullseye
- Self-evaluate how you've done and adjust what you think needs improving.

3 Activity 3 - Rally

- You have 3 arrows: 1 represents a fork, 1 represents a knife and 1 represents a spoon.
- Aim your arrow at the target and shoot.
- If you hit the blue, red or yellow it will give you one of the pieces of cutlery.
- If you miss or hit any other colour you lose a piece of cutlery.
- At dinner time you are only allowed to use the cutlery that you have won.

