

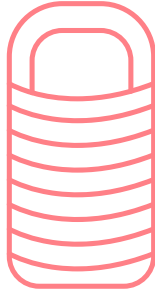
Please ensure all items are named

## Essential to hand in

- Forms
- Medication if needed in ziplock bag

## Sleeping kit

- Sleeping bag
- Pillow
- Camp blanket
- Torch and batteries
- Roll mat
- Teddy bear
- Small amount sweets in container



## Spending

The limit for spending money is

£ \_\_\_\_\_

Please pack a named purse



## Clothing

- Guide uniform jacket to arrive
- Guide uniform polo to arrive
- Black bottoms to arrive
- 1 T-shirts
- 1 warm camp hoodies/top
- 1 pair of warm bottoms or leggings
- Change of Knickers
- Change of socks
- Warm nightwear
- Slippers or cros
- Trainers to arrive
- Waterproof coat
- Outfit for \_\_\_\_\_

## Hygiene and health

- Wash bag
- Toothbrush and toothpaste
- Bar of soap in container
- Flannel
- Hairbrush and bobbles if long haired
- Roll on Deodorant
- Sanitary products
- Glasses and spares /contacts
- Hand and bath towel

## Other items

- Soft holdall
- Watch
- Bag for dirty washing
- Phone / charger pack (Optional)
- Book /comic/magazine
- travel games eg dobble /trumps
- Reusable bottle for water

## Other information

Blank area for other information.