

# In the Spotlight

## CHALLENGE PACK



*Gain a challenge badge!*



Cymru



RYDYM YN DARGANFOD,  
RYDYM YN TYFU  
WE DISCOVER, WE GROW

Girlguiding

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# Introduction

Welcome to the “In The Spotlight” challenge pack! This pack is designed to get your girls flexing their creative muscles, build their confidence and to have fun!



This challenge pack contains 5 acts (activities) and is suitable for all sections. We suggest: completing 3 acts for Rainbows and 5 acts from Brownies up. You know your girls best so feel free to simplify or increase the difficulty at your own discretion.

When it comes to Act 4 & 5, you don't have to stage a full musical! You can perform at a local Christmas/Holiday concert, even performing one song will count, as long as it's in front of an audience.

You don't have to be the next Beyoncé; performing as part of a group can help build confidence and self-esteem. Remember if you can get on a stage you can read in class or do a job interview.



If you have girls who really don't want to perform, there is a backstage option. Plus, it's fun. So, go for it and put your girls In The Spotlight.

# Act 1 : Get Creative

Flex your creative muscles  
and have some fun!

In your patrols or small groups, do one of the following:

- a) Make up new lyrics (words) for a song you know. It could be anything from a Guide song, to your favourite pop song
- b) Make up a dance to a song of your choice
- c) Write a sketch or a little play no more than 5 minutes' long

When you are done, perform your pieces to the rest of your Unit and your Leaders. Performing in front of your friends and Leaders can help increase your self-confidence. Make sure you all support each other and clap and cheer when the other groups have performed for you.



Backstage option: Why not split your girls into two teams, The Directors and The Performers. This way everyone can be involved.

# Act 2 : Dress Up Time



There's a new show in town  
and the lead character  
needs a costume.

In small groups or Patrols, design a costume for the Leading Lady Polly in the brand new show, Girl Power.

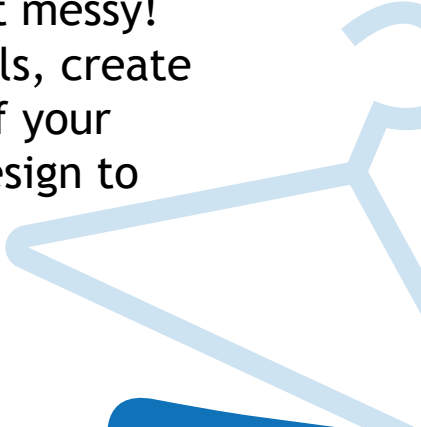
## About the show:


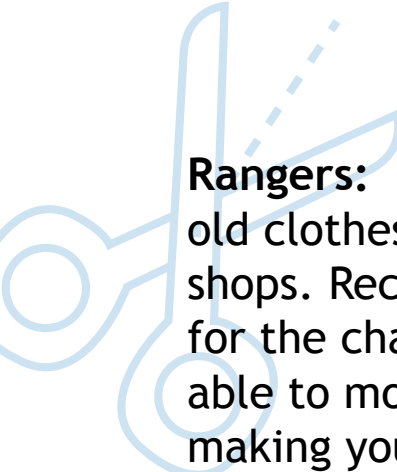


Set in a small town in Wales, Girl Power is about Polly, who was told she couldn't be an electrical engineer because she was a girl. She proves everyone wrong and ends up being the only one who can get the electricity back on after a big storm causes a village blackout and the back-up generators won't work.

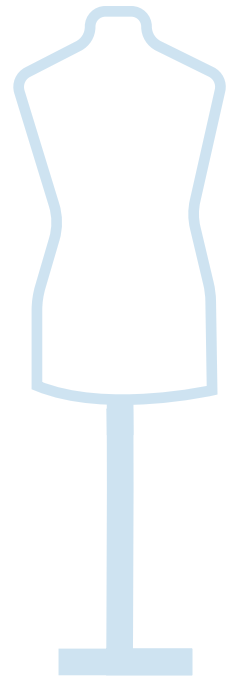
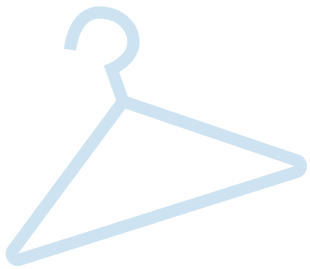
**Rainbows:** Make a picture of what you think she should wear - you can draw, paint, use tissue paper or other craft materials, be as creative as you can.

**Brownies & Guides:** Design your costumes on paper and then, in small groups or Patrols, it's time to get messy! Using newspapers/magazines/recycled materials, create one of the designs from your group using one of your group as a model! Then model your finished design to the rest of your unit.





**Rangers:** Design your costume as above, but try collecting old clothes from your friends and family or from charity shops. Recycle and remake the clothes into a costume for the character. Remember, actors in shows have to be able to move and dance around so bear that in mind when making your outfit.



# Act 3 : Ready, SET, go!



We can't put our show on without a set to perform on.

Before set designers build the real set, they need to try it out first, so they make one in miniature form.

This challenge is to make a set in a box! You can do this individually, as small groups or as a unit. You can use the show Girl Power from Stage 2 or make up your own. For examples of a set in a box, see appendix 1.

# Act 4 : Let's get this show on the road!

In this stage, you will prepare a show to put on in front of an audience.

You can take part in many different parts of a performance - you don't have to be on stage. So you can either:

**Perform:** rehearse for the performance so you know exactly what you are doing when you perform for you audience

**Write:** write or create a piece for the performance



**Backstage:** Working backstage is as important as the performance itself. A show can't happen without the amazing people who work backstage. Working backstage can mean anything from helping with costumes to moving set or pressing play. You don't have to be on stage to be a star!



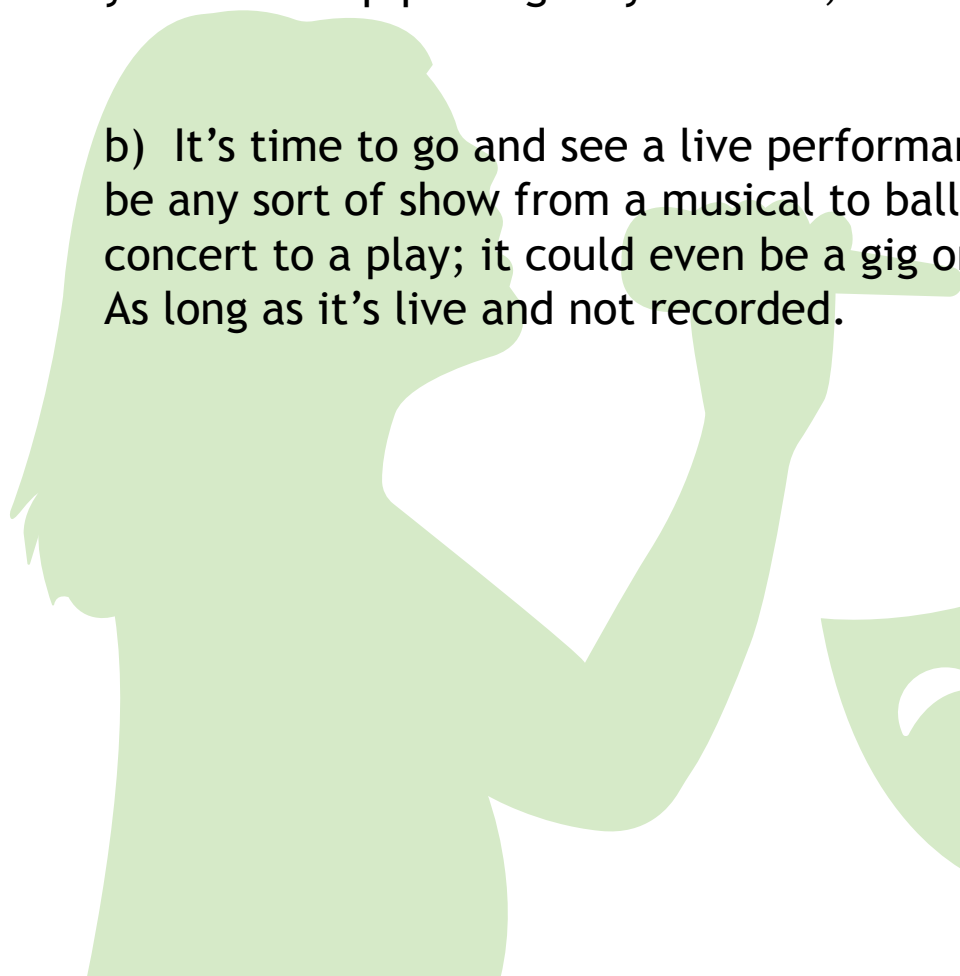
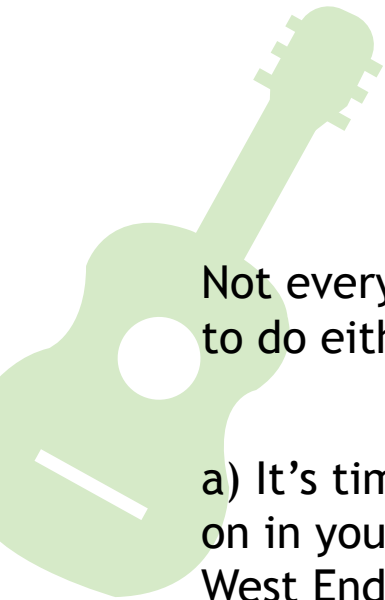
# Act 5 : Showtime!

It's time to be in  
the spotlight

Not everyone wants to put on a show so you can choose to do either of these two options:

a) It's time to put on your show! You can put your show on in your Unit Meeting Place or on a big stage in the West End, it doesn't matter! Putting on a show is great for your self-esteem and can also help raise money for your unit too! You don't have to do a whole musical either - you can perform as part of a local concert, put on a little play for you parents to come and see, it's up to you! For help putting on your show, see the appendix 2.

b) It's time to go and see a live performance! It can be any sort of show from a musical to ballet; Christmas concert to a play; it could even be a gig or a gang show. As long as it's live and not recorded.



# Appendix 1 : Set in a Box - Hints & Tips

When a Set Designer is creating a new set design for a show, they do a scale model in a model box to show the Director, Producer and the rest of the production team their vision before making it in the theatre.

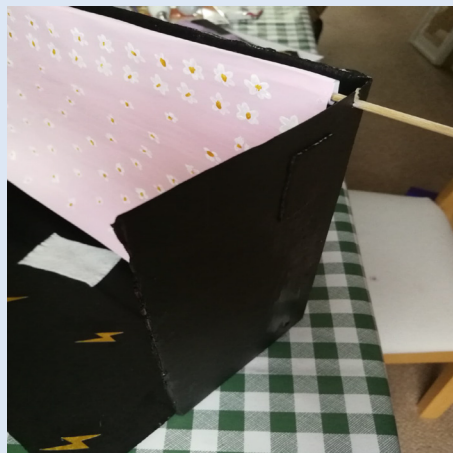
It's a great exercise in creativity and design and they can really let their imagination go wild.

You can use any box you like - for Rainbows, a bigger box would be better and you can do 1 set as a group. Brownies and Guides can do them in patrols and Rangers either in groups or individually and use a shoebox.

You can make it easier by using wallpaper or wrapping paper for the back of the set or go more complicated and use bamboo sticks to hang different cloths to do scene changes (see pictures). This is a really good excuse to recycle any items you have at home.

Only you know your girls so try and get them to stretch themselves but make it as easy for yourselves as possible. Don't forget to send us pictures of the boxes on Social Media! #InTheSpotlight

# Set in a Box : Example



# Appendix 2 : Top Tips for putting on your own show

- Planning is everything - Make a schedule from the moment you decide to put it on, to the day of the show - it'll be easier to see how long you've got and what you have to do
- Give yourself enough time - There's nothing worse than rushing at the end and feeling under prepared
- Use what you've got - Before deciding what kind of show you want to do, think of the group of girls you have - for example, if you've got musicians, don't try and put on a play.
- Set a budget and stick to it - Especially if you are trying to raise funds!
- Check for date clashes before setting the date - e.g. school events, sports matches, anything that means you might not sell all the tickets you can.
- Advertise - This doesn't have to be expensive. You can do a lot on social media and even get your girls to do posters for you.

- Recycle - You can make a set out of anything - a backcloth out of a bedsheet and fabric paint or you can do a lot with poster paint and cardboard boxes! A great place to get costumes are charity shops or the back of your wardrobe. Even professional shows use charity shops for costumes.
- Have fun! If you do, it will rub off on the girls.
- Don't be afraid to ask for help - most people know at least one person who's been on stage, either in amateur dramatics or even as a professional, so don't suffer in silence!

# Badge Order Form

This cool badge is coming your way!



Thank you for taking part!

Name	
Unit	
Number of Participants	
Email Address	
Phone Number	
Postal Address	
Total cost: Badge price (£1 each) + Postage (see below)	

Please make cheques payable to:  
**Girlguiding Cymru**

Please send your badge order form and cheques to: **In The Spotlight, Girlguiding Cymru, The Coach House, Broneirion, Llandinam SY17 5DE**

Tel: **01686 688652**  
Email: [waleshq@girlguidingcymru.org.uk](mailto:waleshq@girlguidingcymru.org.uk)

## UK Postage:

Up to 20 badges is £1.00  
20-50 badges is £3.00

Please telephone for price for orders over 50 badges