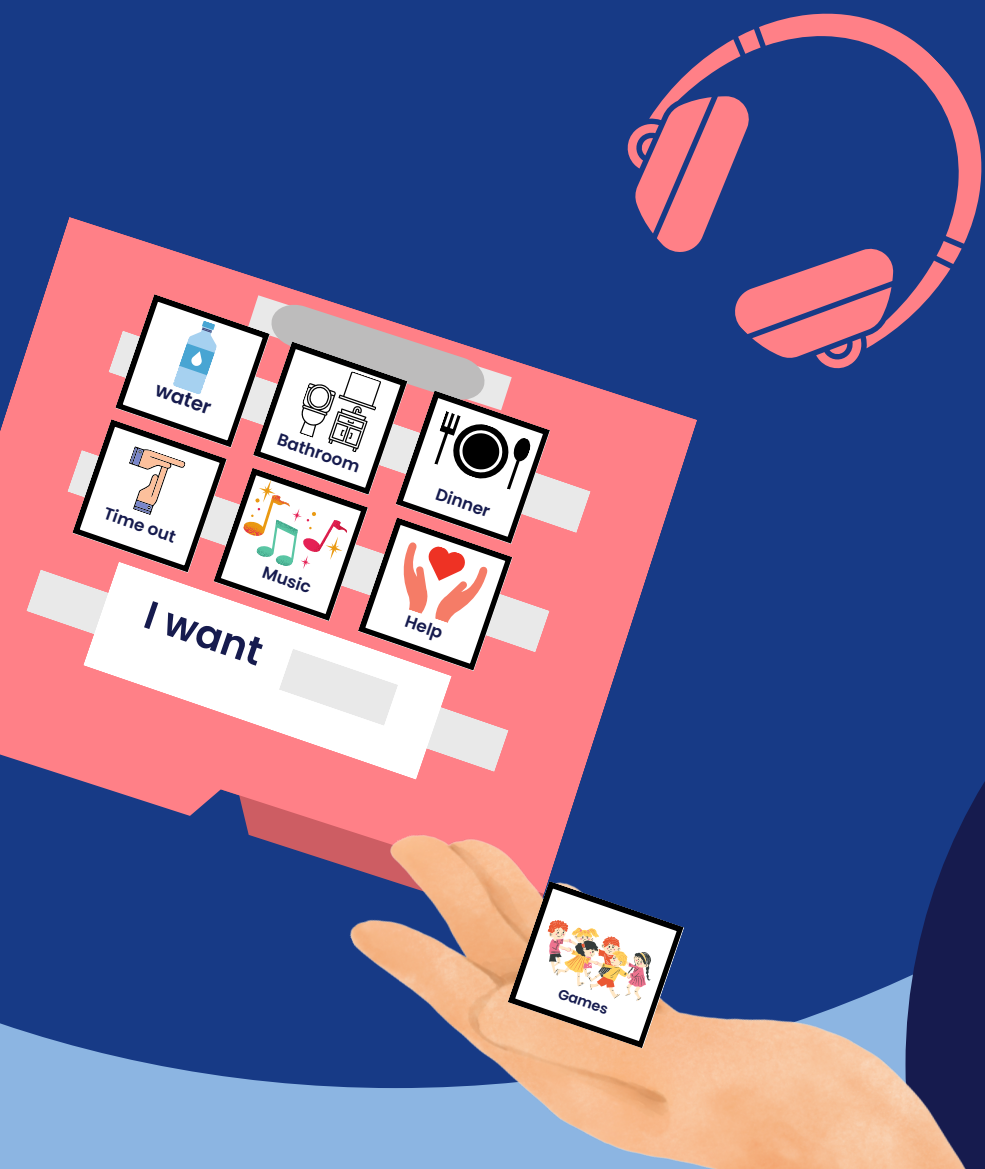


Giuides

Girlguiding Cymru Guides

Communication Pack



Girlguiding
Cymru

Communication pack

This communication pack has been produced by Girlguiding Cymru, with members in mind.

This pack has been designed for nonverbal /nonspeaking members and members who may have ASD or may be neurodivergent. The resources contained will support young members to access guiding and communicate with leaders and peers. Did you know that girls are often diagnosed with autism far later than their male counterparts, with research suggesting that just 20% of girls with ASD are diagnosed with autism spectrum condition (ASC) prior to the age of 11, compared to 50% of boys.

This pack contains

- 1) Communication board
- 2) Communication strips
- 3) Visual timetables
- 4) Now and then board
- 5) Cut out cards for above
- 6) Warning light systems
- 7) Keyfob cards
- 8) Promise resources

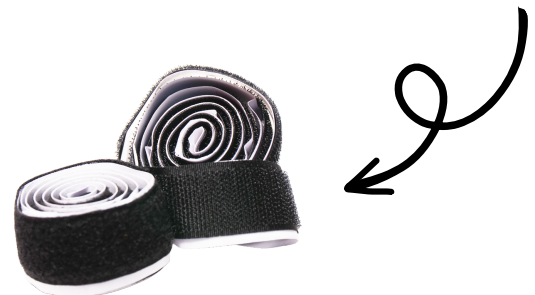
Links

youtube.com/c/Pecsusa
pecs-unitedkingdom.com/pecs/



Please ensure that you have the full permission and support of parent/s or guardians and the member themselves before using this pack.

Where grey sections are shown, this must have Velcro attached after lamination



How to use

The first part of the pack is designed to be used in stages. Work with parent/s or guardian/s to ascertain what level the member may be accessing in their education setting.

The steps

Part 1) The Guide uses a single image to communicate what they want from a simple selection and they can hand this to a leader.

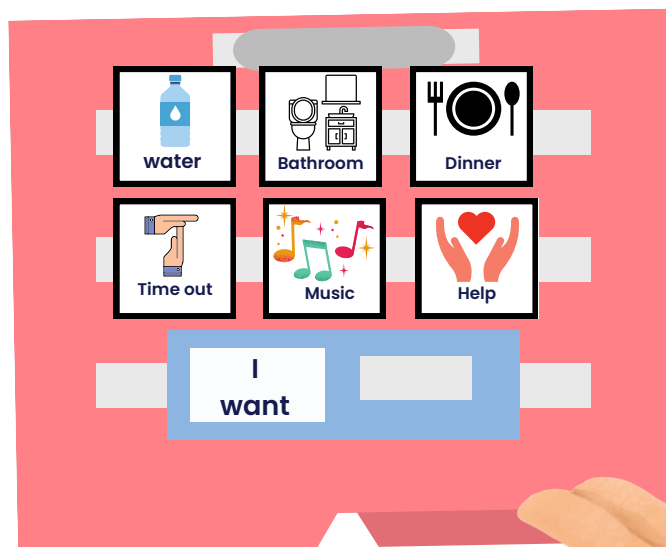
Part 2) The Guide uses single pictures and can be encouraged to communicate with leaders in different locations.

Part 3) The Guide uses two options only and will hand them to their chosen leader they should be placed on the communication board to choose from.

Part 4) The Guide uses a simple select to create a sentence on the coloured Velcro strips. This can then be handed to the leader who can read it out to the rainbow.

Part 5) The Guide uses the cards to show they have understood your question and can respond using a card eg: Do you need the toilet?

Part 6) The Guide uses the system to comment on things eg: I feel happy. They may include peers.



It is important to try and grant any requests that are made unless they are disruptive, inappropriate or you can sense a pattern forming.



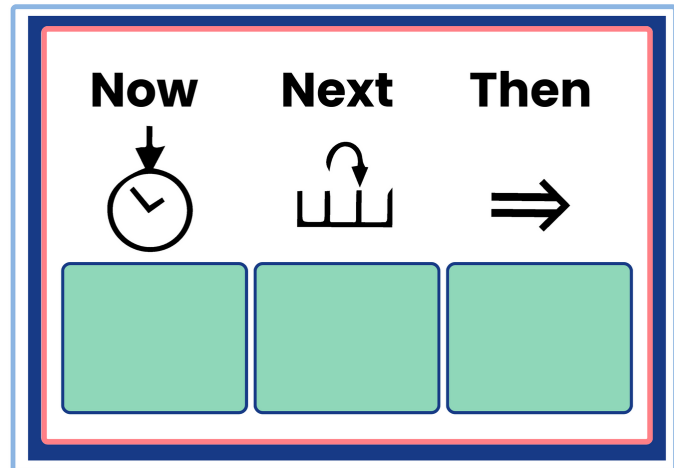
How to use

Now, Next, Then

The now, next and then board is excellent for setting and managing expectations for both leaders and Guide. It can help girls to understand what is happening and what they are expected to do.

It can sometimes help members to understand that they have to complete a task they are not keen to do in order to take part in activity that they love. For instance, If you have a Guide who does not like using the toilet you could have the following sequence:
toilet > hands > colouring

The other part of the pack is designed to be used to support the member in meetings. Work with parent/s or guardian/s to ascertain what is best for the member.



Visual Timetable

The visual timetable is an excellent communication method for all Guides. It helps all girls understand the flow of the evening and what is expected of them.

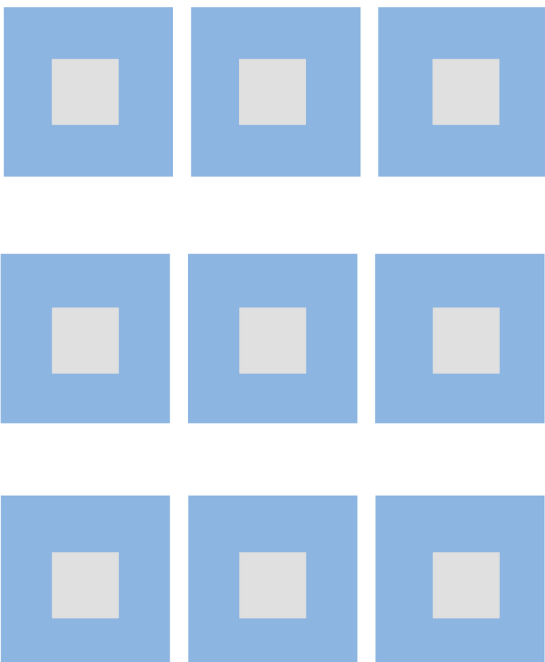
You can use this to answer the age old question "what are we doing tonight"? You should remove each activity as it is complete.

Some Guides may prefer a linear timetable which can be made by sellotaping 5 sheets together lengthways and attaching a line of Velcro on the length. This can be used to show the whole evenings activities.

This can be used in all situations. clocks are also included if leaders wish to use times.

You can print out more than one sheet if you wish.

Guides Visual timetable



How to use

Stages board

The stages board may help some members who need support with appropriate behaviour.

This is a clear way to show them that they may need to stop doing something that may be unsafe or upsetting others.

It is very important that leaders work with parents to create guidelines of what are controllable actions. This system should not be used for actions that are non-controllable eg: ADHD-fidgeting. ASD - sensory seeking.

The time to reflect should be agreed by parent/s or guardians and can be sitting with a leader to think about what they have done or calling parents to collect.

My stages board	
All good!	
1st Warning	
2nd Warning	
Time to reflect	



Single hole punch needed

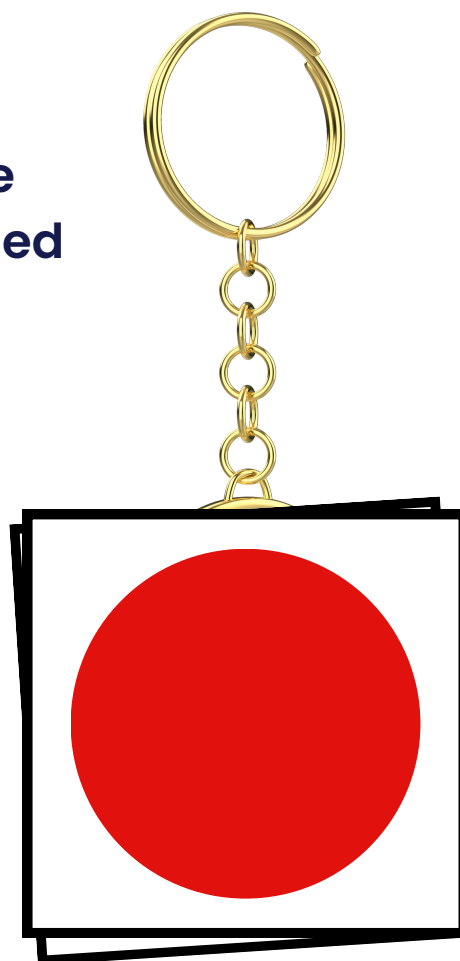


Keyfob

The keyfob of cards is ideal to use as a non verbal visual prompt to either encourage or discourage certain behaviours.

it is perfect for use at meetings or while out and about on trips.

You will need to cut out the cards and then laminate them. Then cut them out with a 2mm laminate border. You can the metal hoop and keychain parts online.



Communication Board

Name

Velcro here

Velcro here

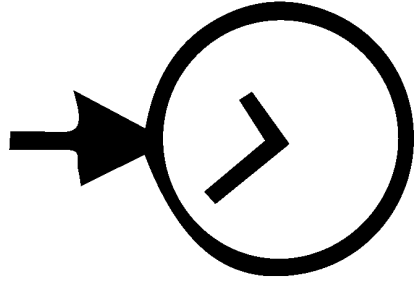
Velcro here

Cut out blue shapes

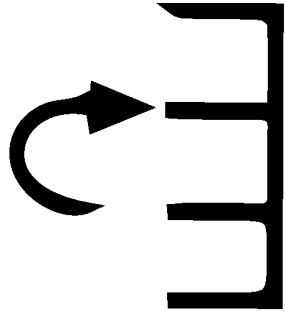
Velcro here

Velcro here

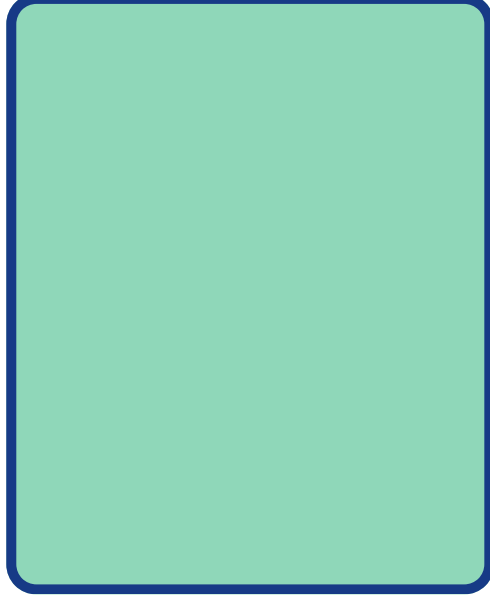
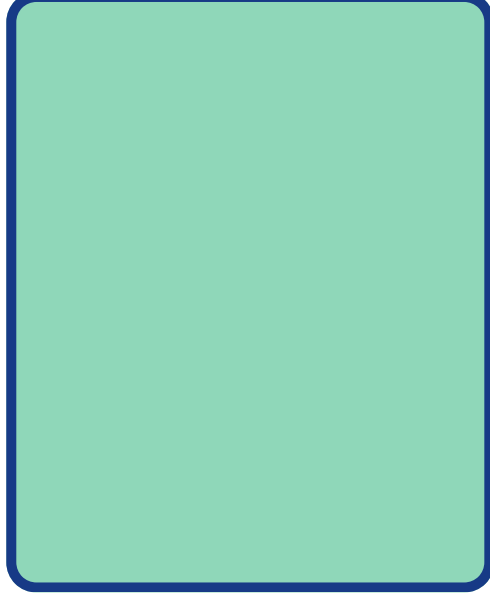
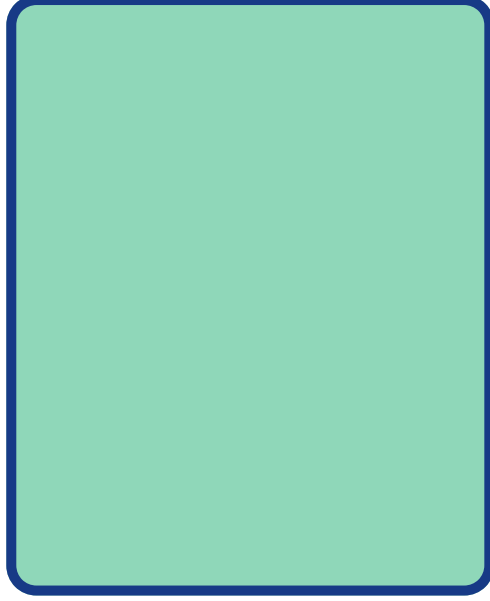
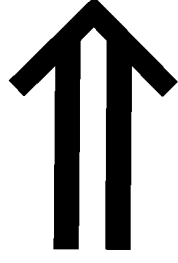
Now



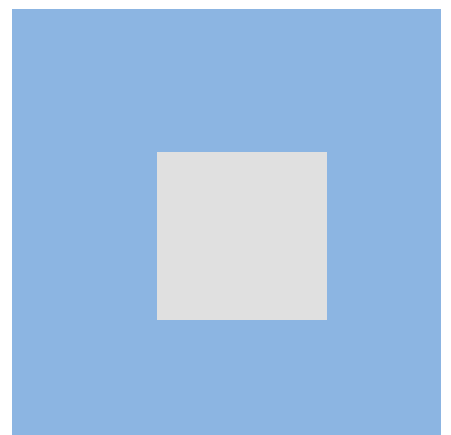
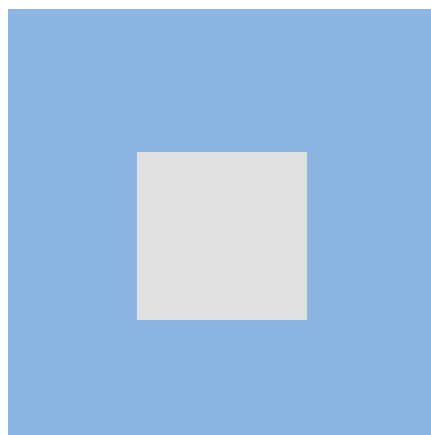
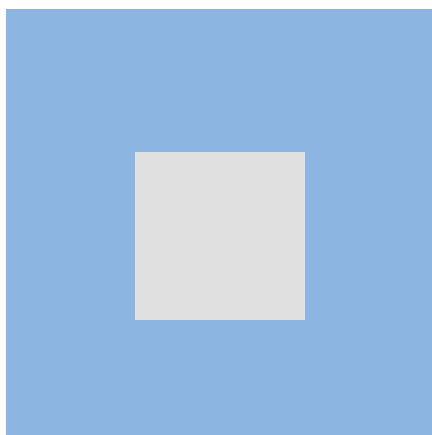
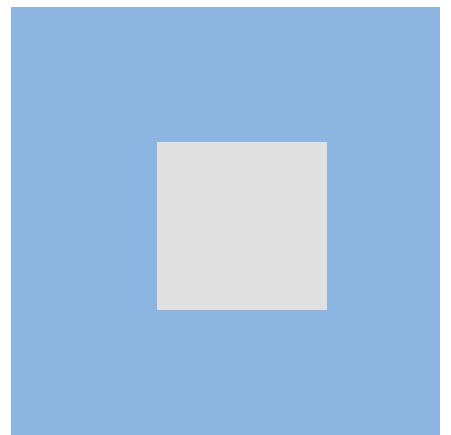
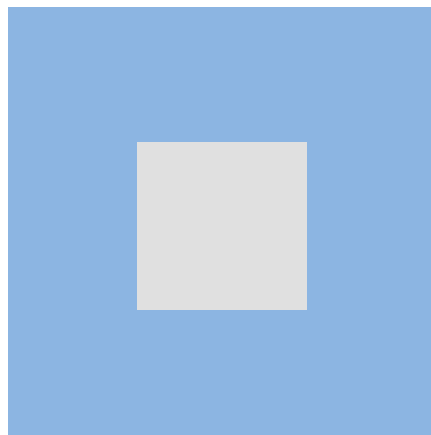
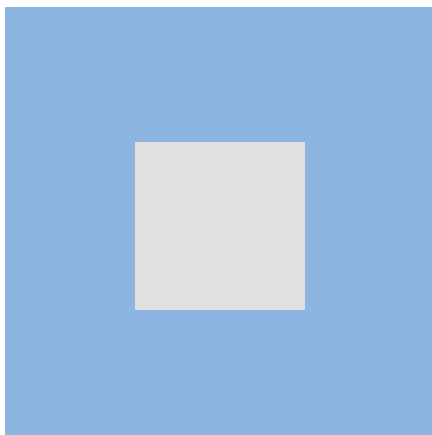
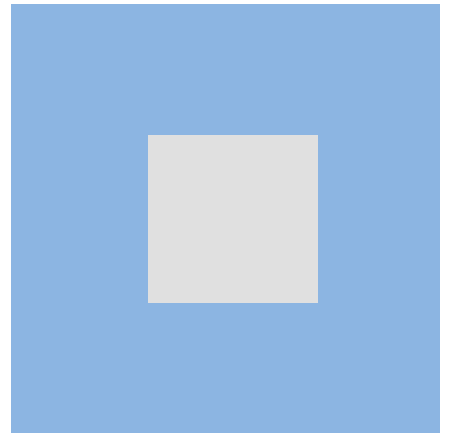
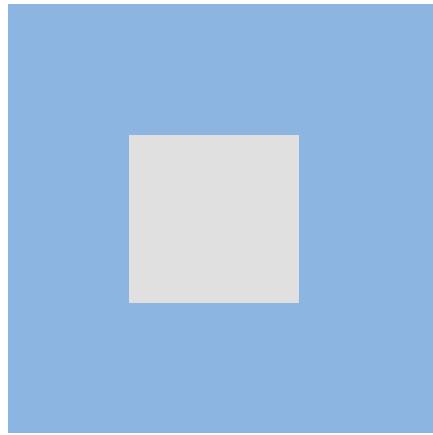
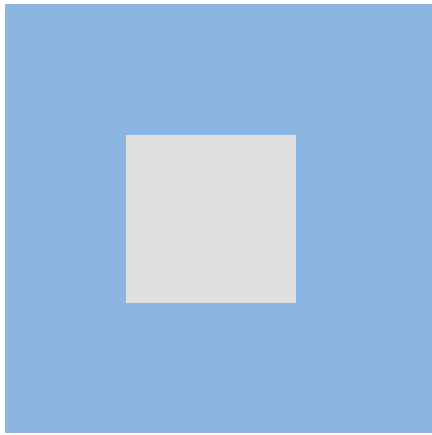
Next



Then



Guides Visual timetable



My stages board

All good!



**1st
Warning**

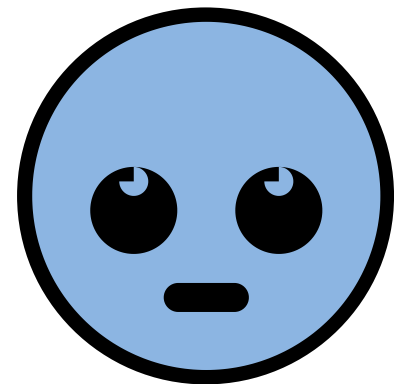
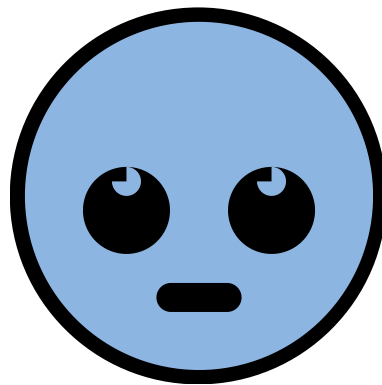
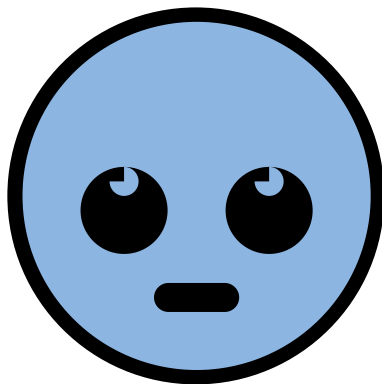


**2nd
Warning**



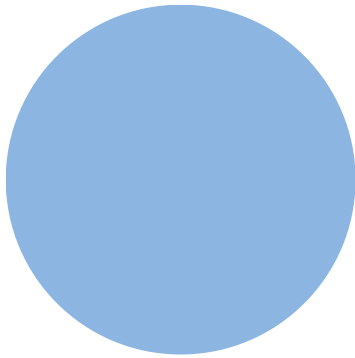
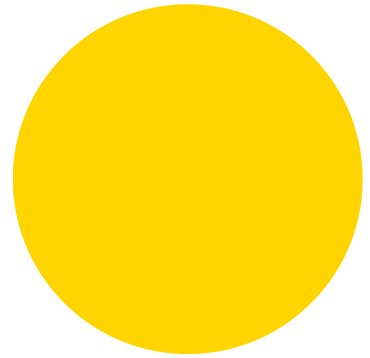
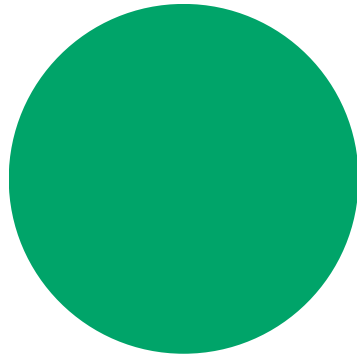
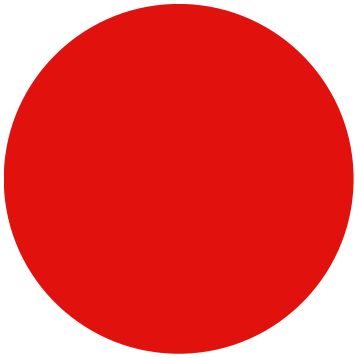
**Time to
reflect**





**To be cut out with Velcro dots
(Spares included)**

Keyfob



Listening



Kind hands



Sitting



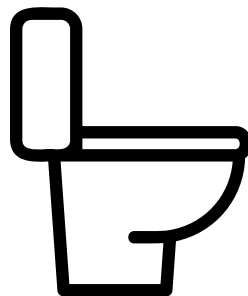
Stand up



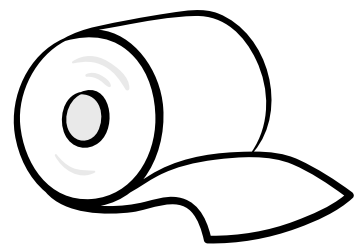
Stop



I'm sad



Toilet



Wipe

Keyfob

You can choose which ones
are appropriate for
your member



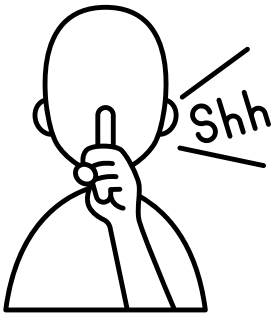
Wash hands



Drink



Eat



Quiet



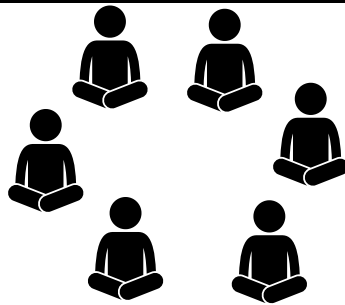
Wait



Share



Sit on floor



Sit in Circle



No shouting



No hitting

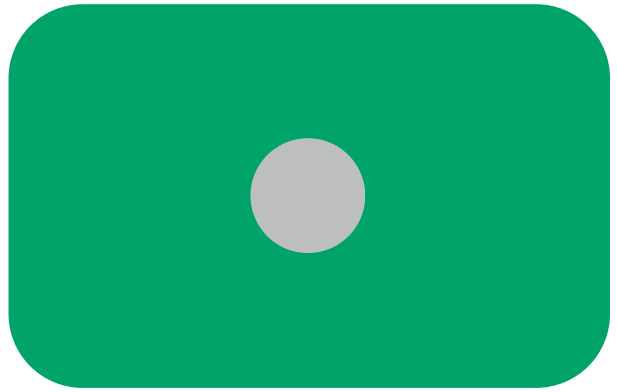
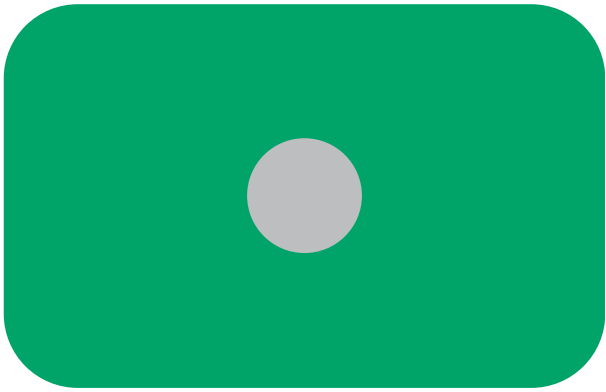
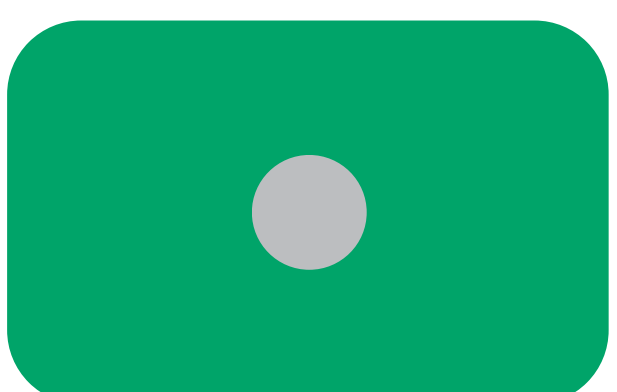
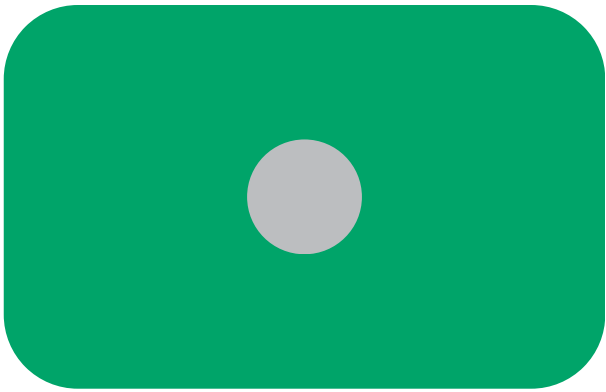
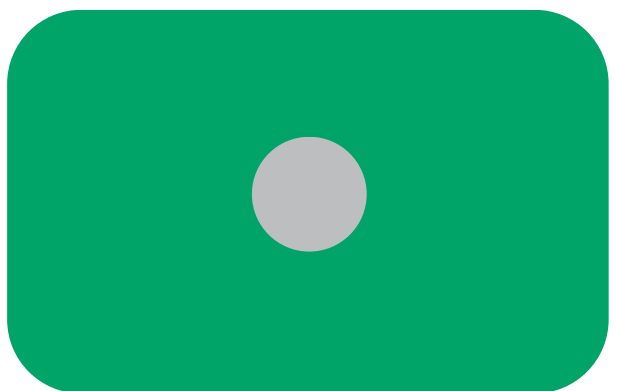
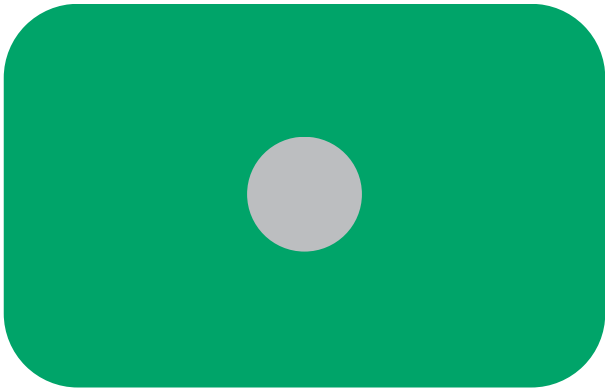
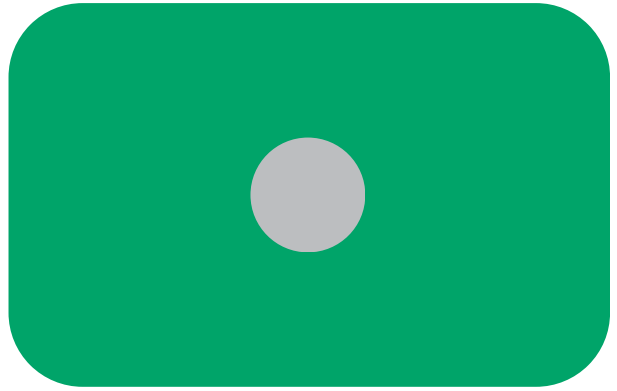
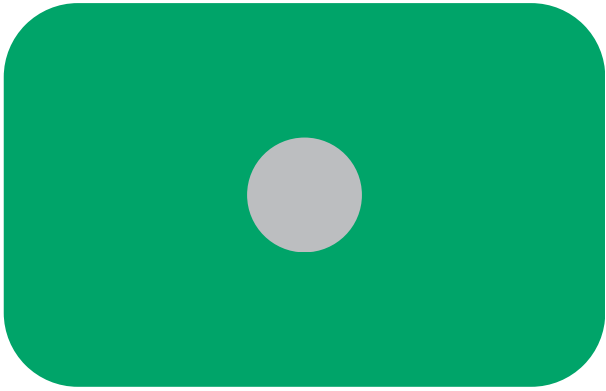


No chair swinging

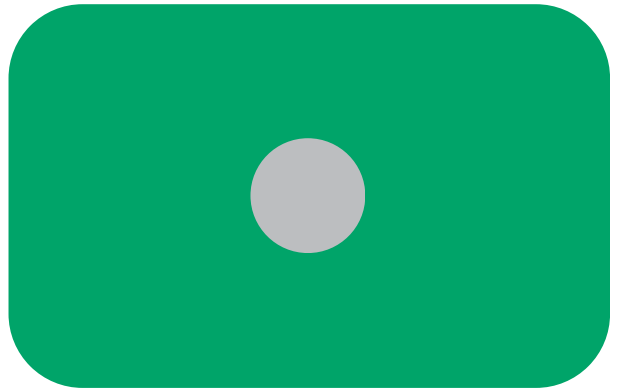
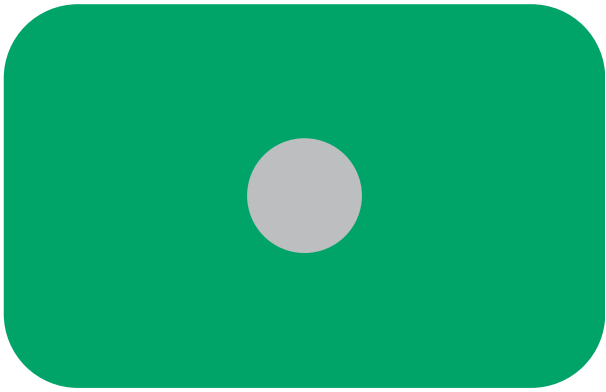
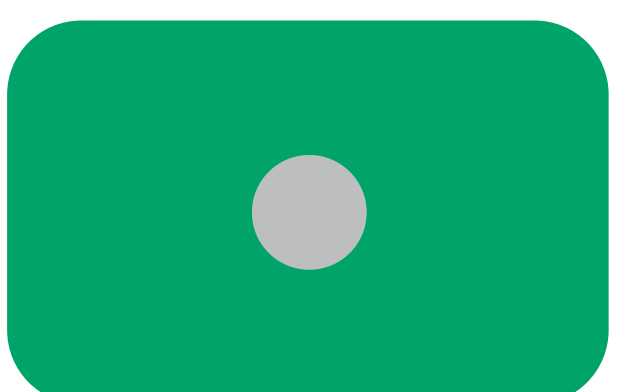
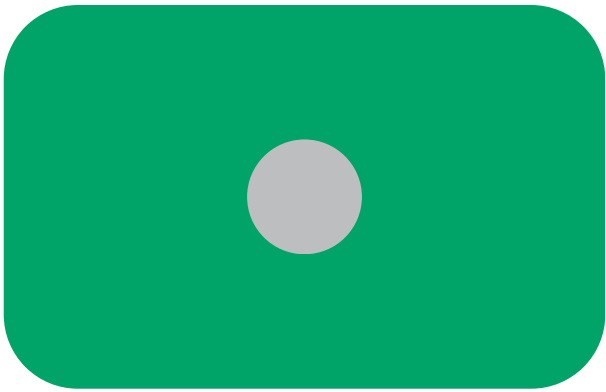
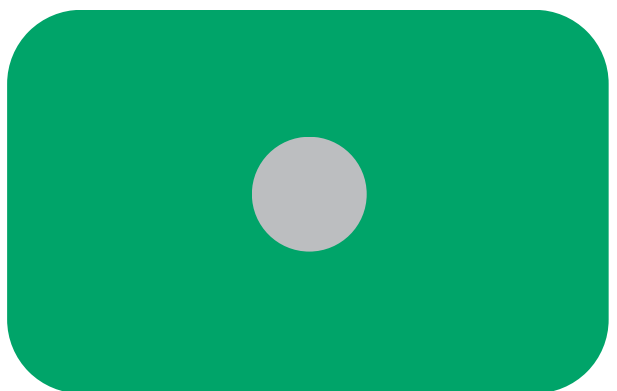
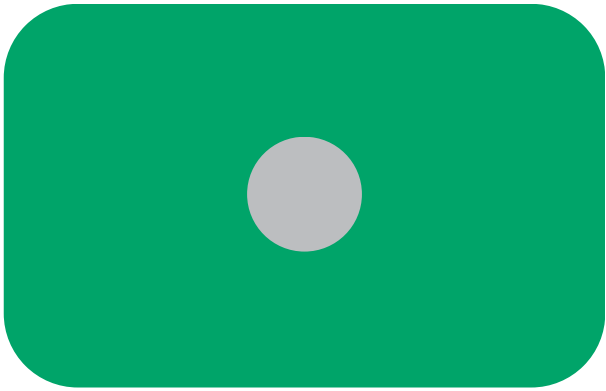
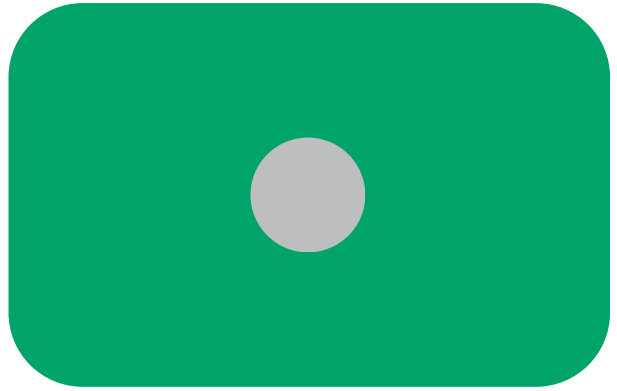
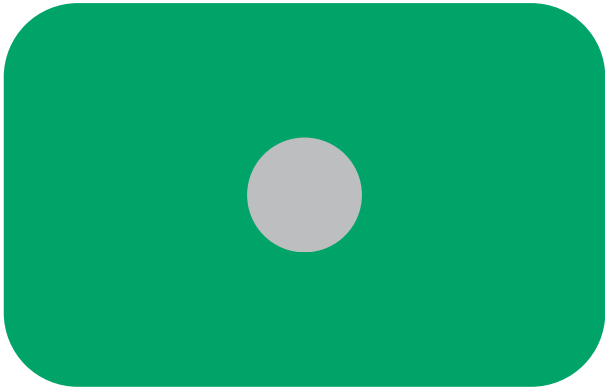


Hugs for home

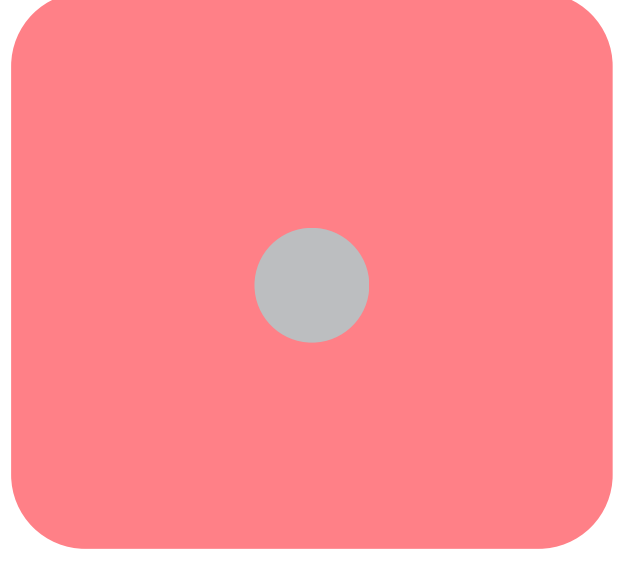
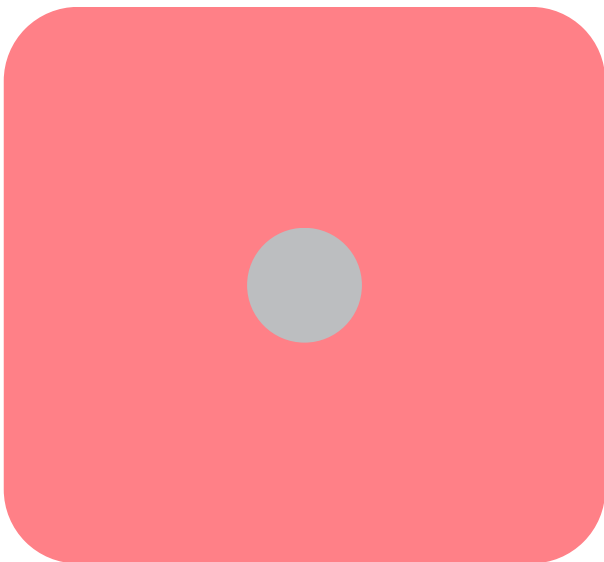
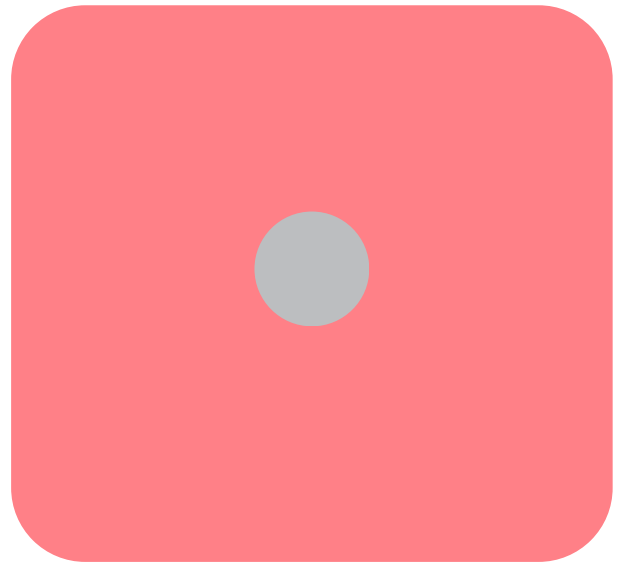
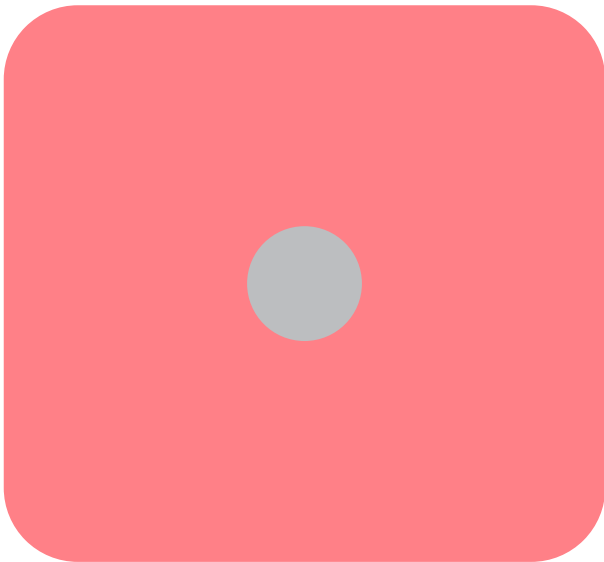
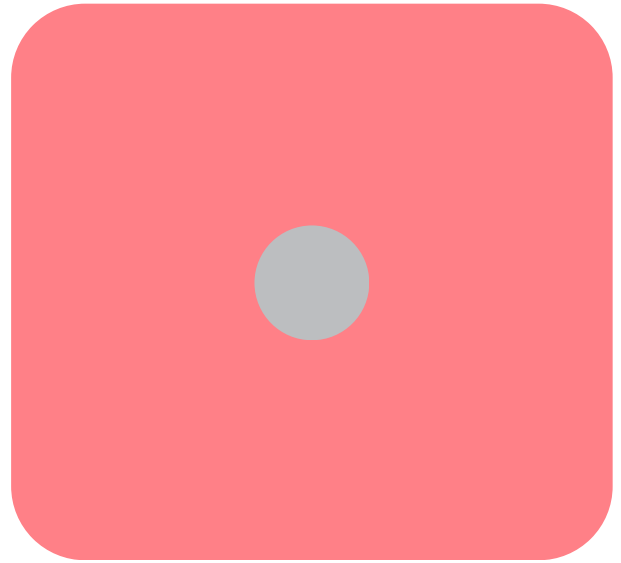
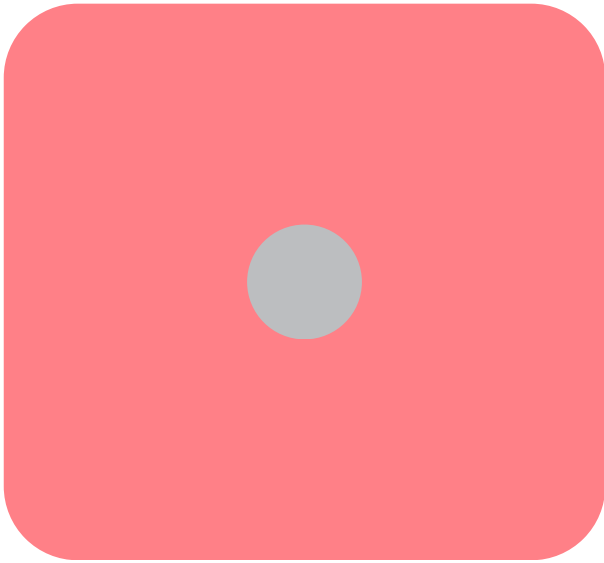
Promise ceremony card

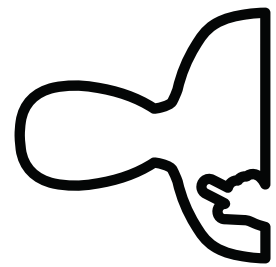


Promise ceremony card

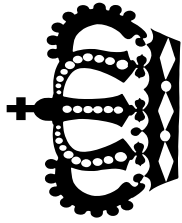


Guide laws card





I want
to make
my
promise



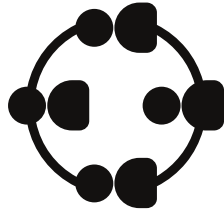
to serve
the king



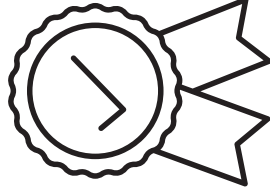
I promise
that I
will do



Thank
you



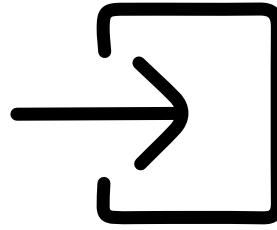
and my
community



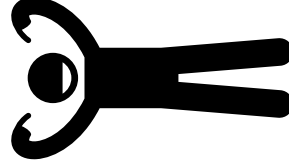
My
best



I need
help



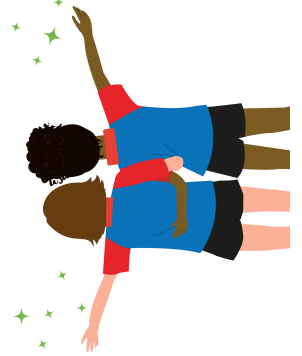
and to
keep



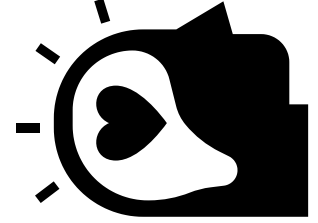
to be
true to
myself



Proud
to be a
Guide



the
Guide
Law



and
develop
my
beliefs

Promise ceremony cards

**A Guide is honest,
reliable and can be
trusted**



**A Guide faces
challenge and learns
from her experience**



**A Guide respects all
living things and takes
care of the world
around her**



**A Guide is a good
friend and a
sister to all
Guides**



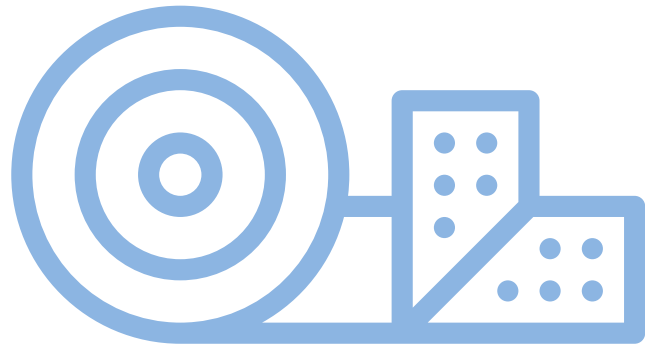
**A Guide is
polite and
considerate**



**A Guide is helpful
and uses her time
and abilities wisely**



Guide Law

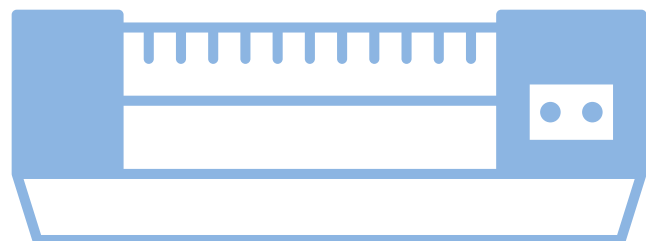
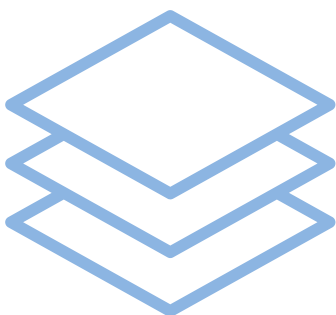


Communication cards

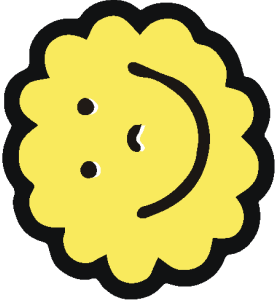
You will need

- Scissors
- Laminator
- Laminate sheets
- Velco dots or roll

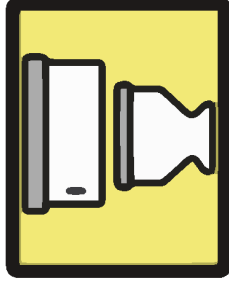
They can be placed on the communications board
print as many as you require



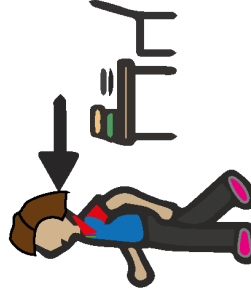
Yes



Toilet



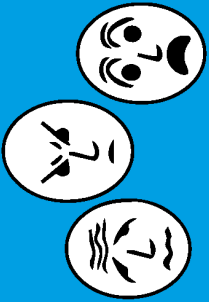
A
Break



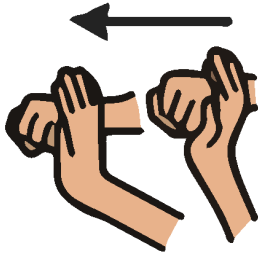
Sick



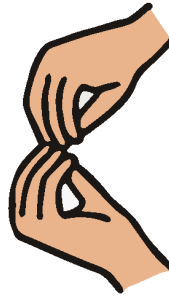
I
Feel



Help



More



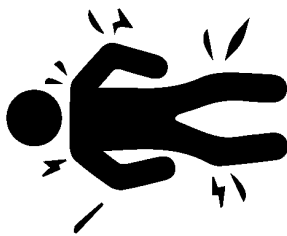
All
Done



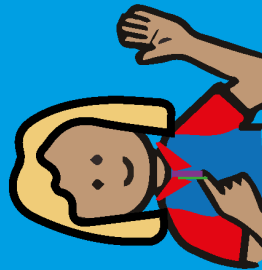
Sad



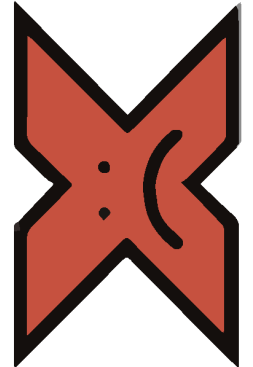
In Pain



I
Want

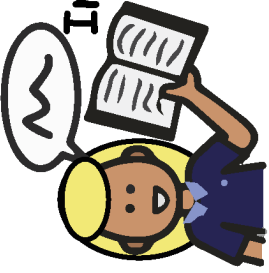


No

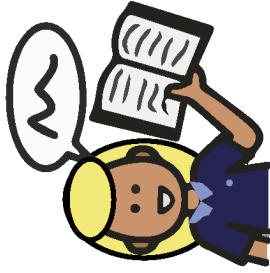


To be cut out then laminate
Place velcro dots on reverse
The blue cards are sentence
starters for part 4 onwards.

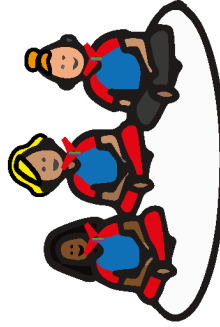
Instructions
time



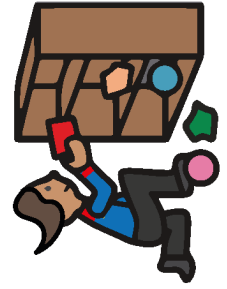
Leader
talking



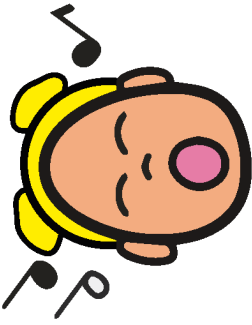
Guide
Chat
time



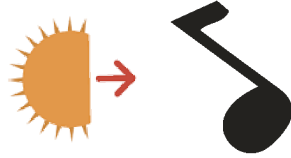
Cleaning
time



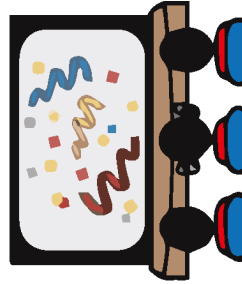
Singing



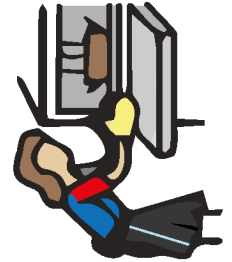
Taps
Song



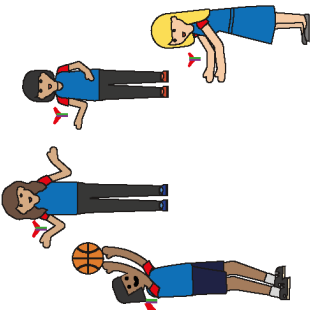
Movie
Time



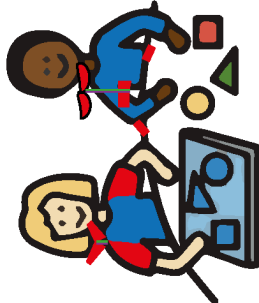
Cooking



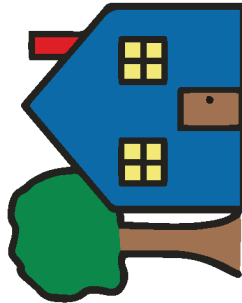
Game



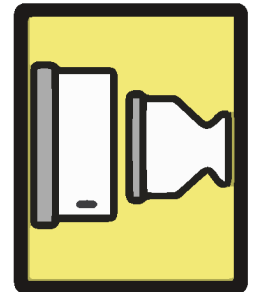
Puzzle



Home
time



Toilet



To be cut out then laminate
Place velcro dots on reverse

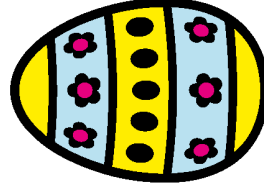
Guides
Listening



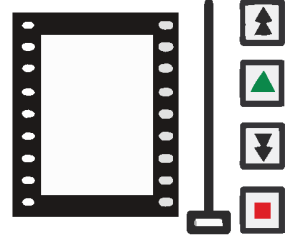
Going for
a Walk



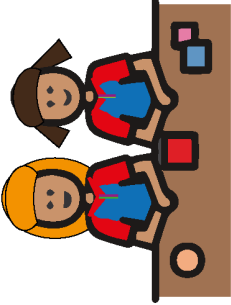
Easter
Craft



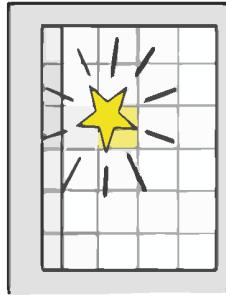
Power
Point



Unit
Meeting
Activity



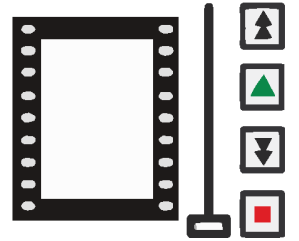
Special
Event



Party



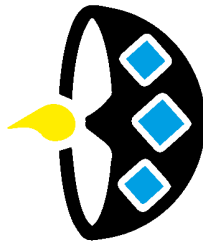
Watching
Video



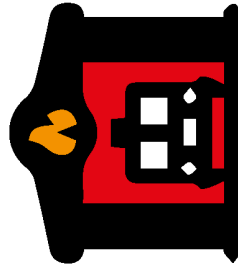
Christmas
Party



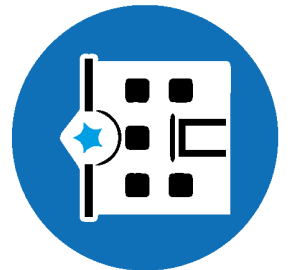
Diwali



Fire
Station
Visit

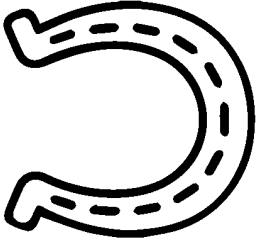


Police
Station
Visit



To be cut out then laminate
Place velcro dots on reverse

Guide
Horseshoe



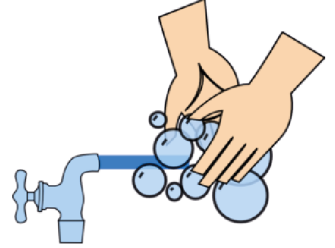
Chinese
Activities



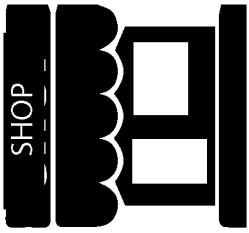
Promise
Ceremony



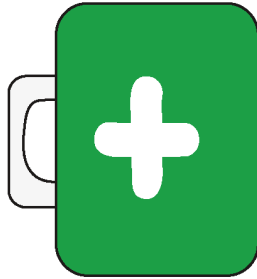
Washing
Hands



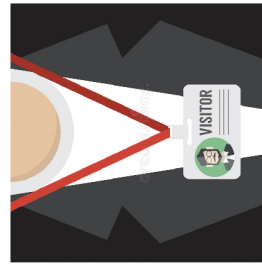
Shop
Visit



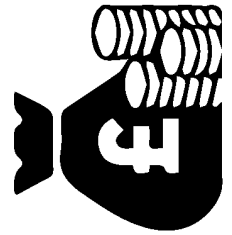
Learning
First
Aid



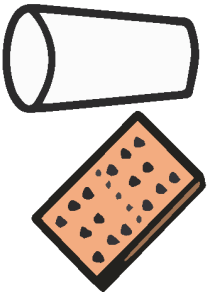
Visitor



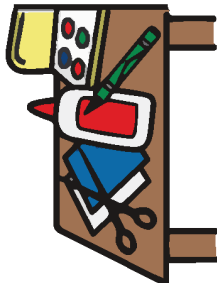
Collecting
Subs



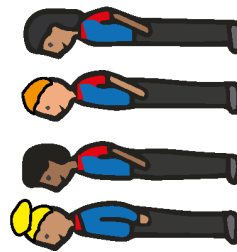
Snack
time



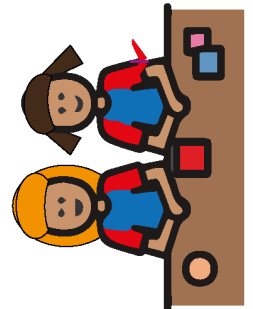
Craft
Time



Line
up



Skills
Builder

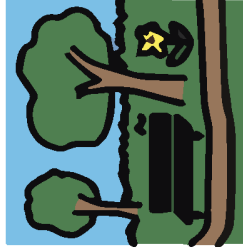


To be cut out then laminate
Place velcro dots on reverse

Christmas
Craft



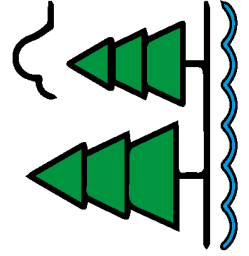
Going to
the Park



Mexican
Activities



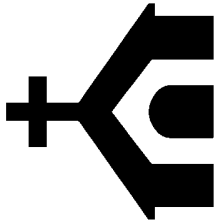
Outdoor
Activities



Prayer



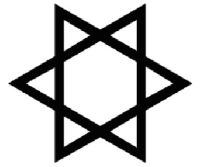
Prayers



Adhan



Barechu



Nitnem



Mantra



Prayer

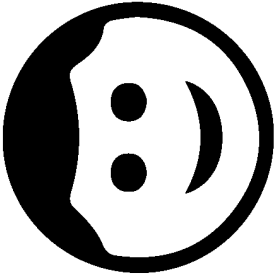


Prayer



To be cut out then laminate
Place velcro dots on reverse

Happy



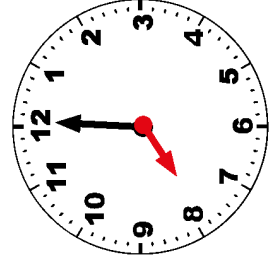
Tired



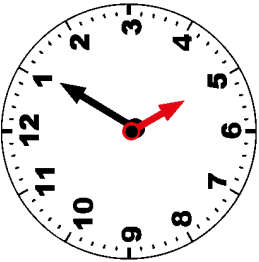
A Drink



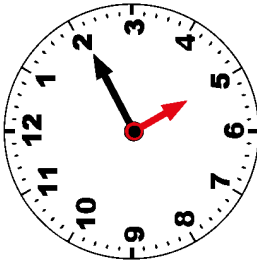
8 o'clock



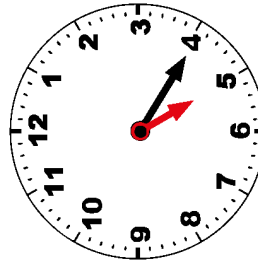
Five
minutes
Past 5



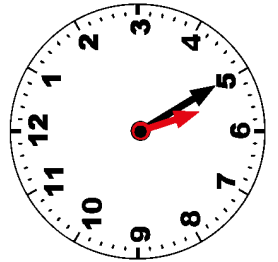
Ten
past
5



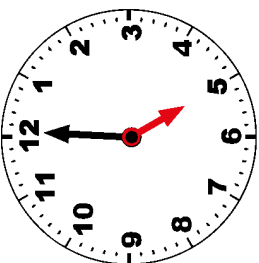
Twenty
past
5



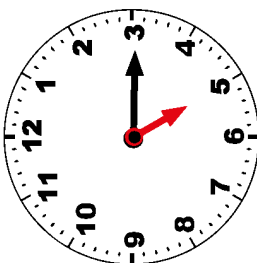
25
Minutes
Past
5



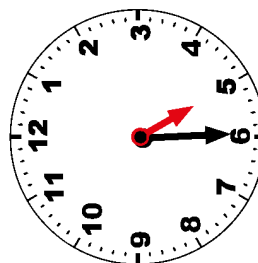
5 o'clock



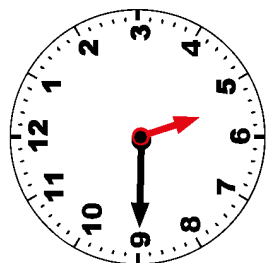
Quarter
past
5



Half
past
5

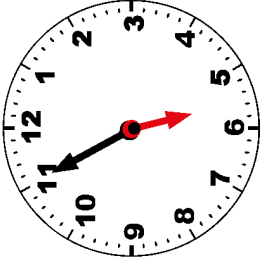


Quarter
to
6

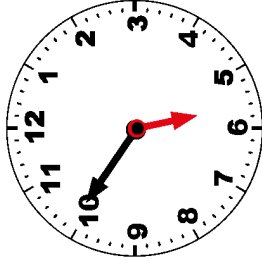


To be cut out then laminate
Place velcro dots on reverse

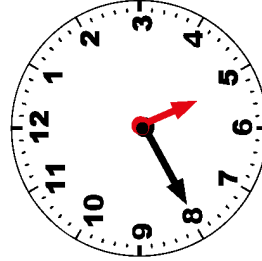
Five
minutes
to 6



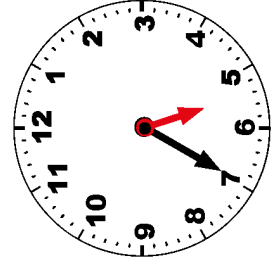
Ten
to 6



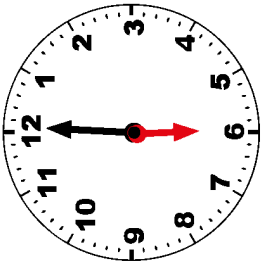
Twenty
to 6



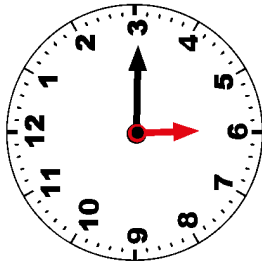
25
Minutes
to 6



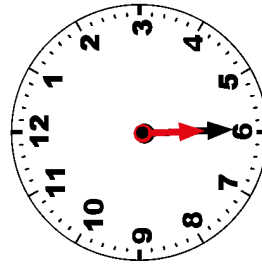
6 o'clock



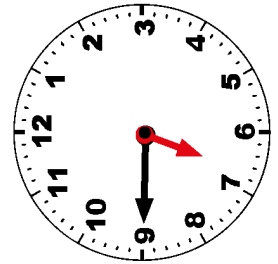
Quarter
past 6



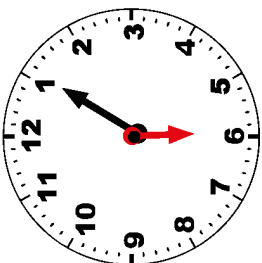
Half
past 6



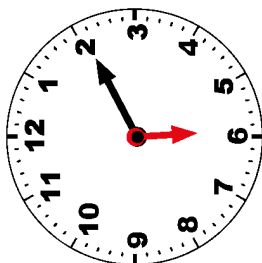
Quarter
to 7



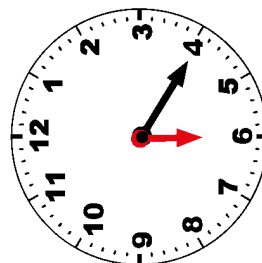
Five
minutes
Past 6



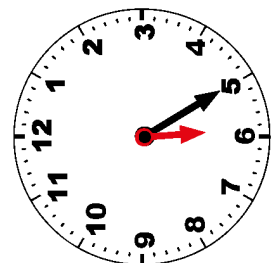
Ten
past 6



Twenty
past 6

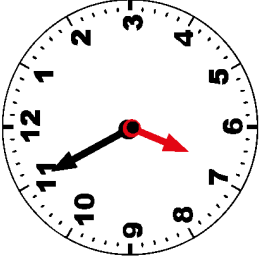


25
Minutes
Past 6

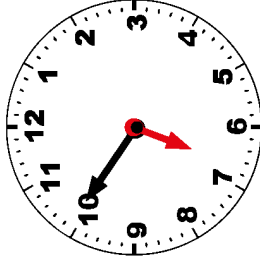


To be cut out then laminate
Place velcro dots on reverse

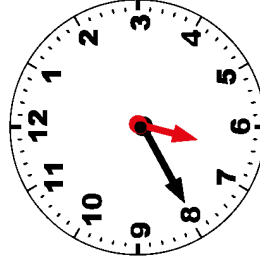
Five
minutes
to 7



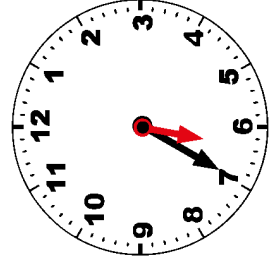
Ten
to 7



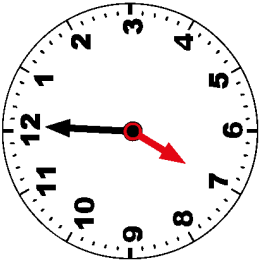
Twenty
to 7



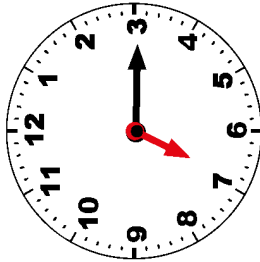
25
Minutes
to 7



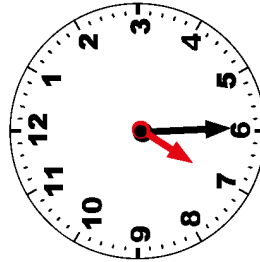
7 o'clock



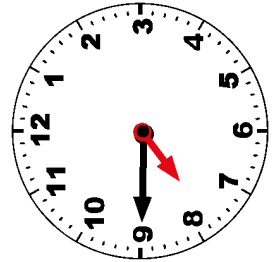
Quarter
past 7



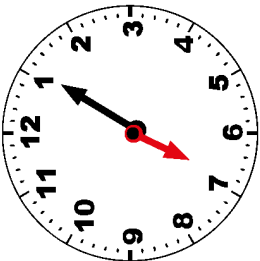
Half
past 7



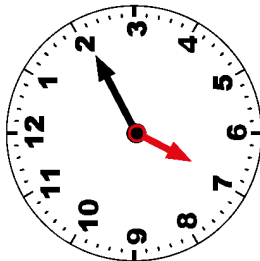
Quarter
to 8



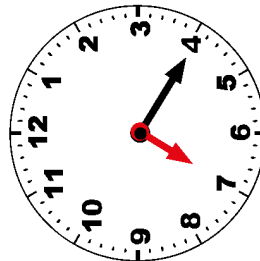
Five
minutes
Past 7



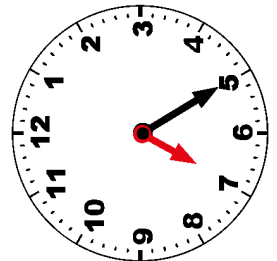
Ten
past 7



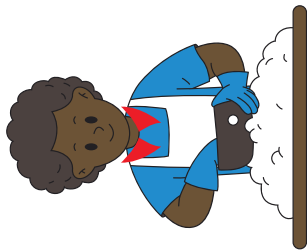
Twenty
past 7



25
Minutes
Past 7



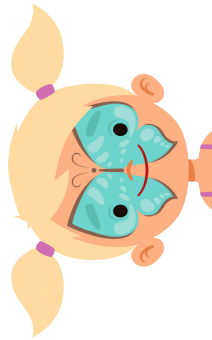
To be cut out then laminate
Place velcro dots on reverse



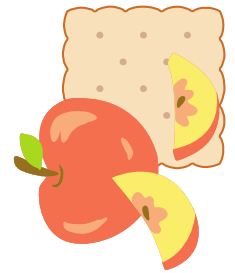
Dishes



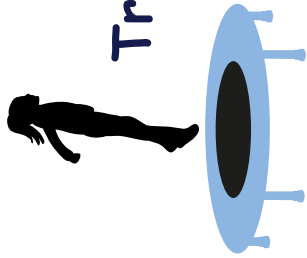
Thinking Day



Face paint



Snack



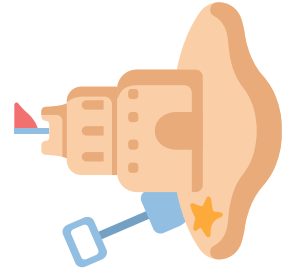
Trampolining



Football



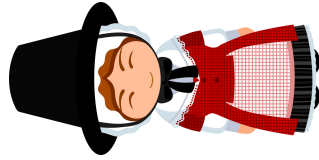
Litter picking



Beach trip



Archery



St David's Day



Welsh Activity



Walking

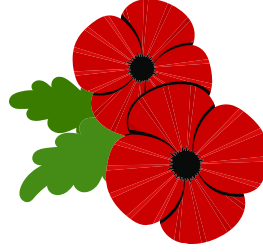
To be cut out then laminate
Place velcro dots on reverse



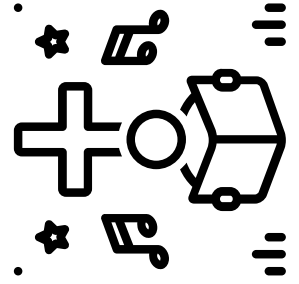
Marching



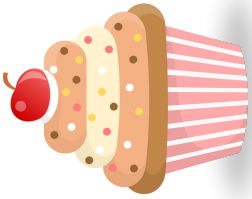
2
Minute
silence



Parade



Hymn



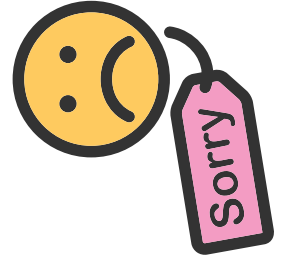
Baking



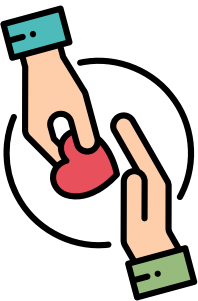
Hide
and
seek



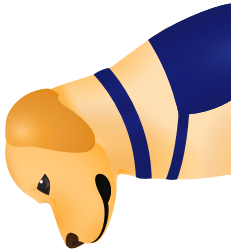
Angry



Sorry



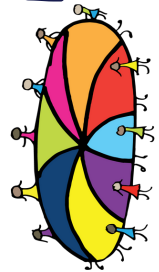
Kind
deeds



Guide
dog visit



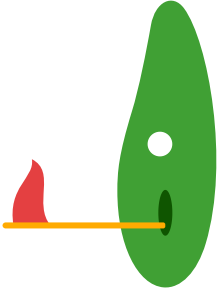
Taking
Photos



Parachute
game

**To be cut out then laminate
Place velcro dots on reverse**

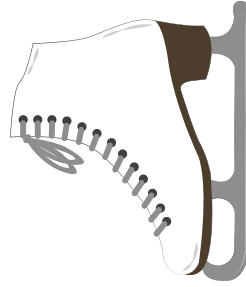
Golf



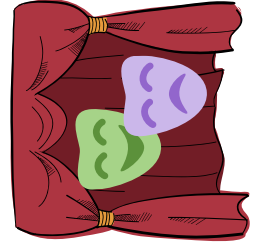
Tennis



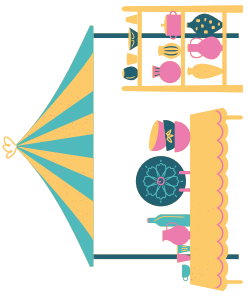
Ice
Skating



Pantomime



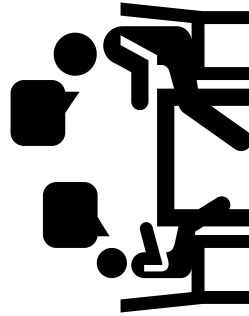
Fund
raising



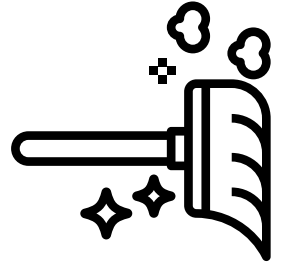
Halloween
Party



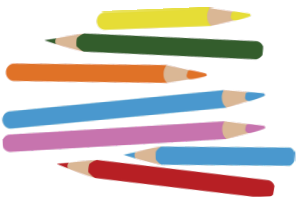
Chat
time



Sweeping
floor



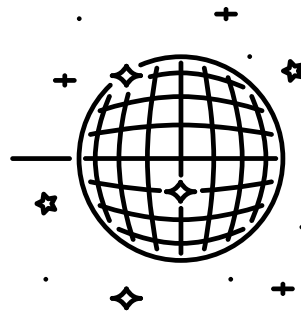
Colouring



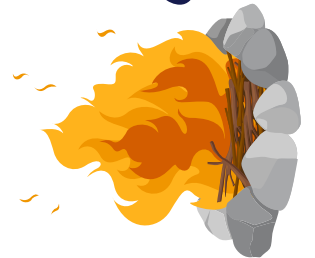
Painting



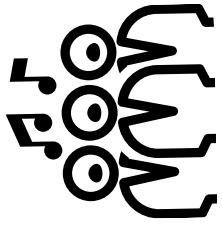
Disco



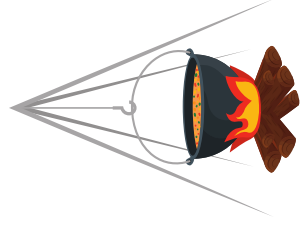
Campfire



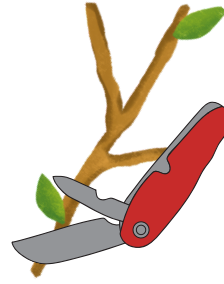
To be cut out then laminate
Place velcro dots on reverse



Carol
Singing



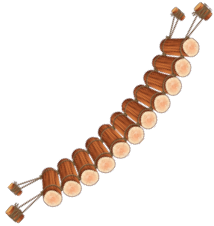
Backwoods
cooking



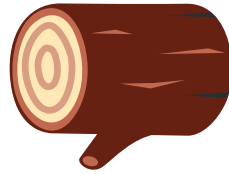
Whittling



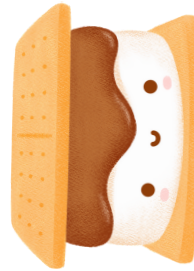
Pyrography



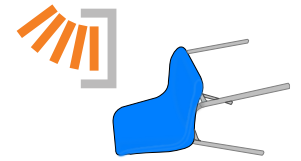
Pioneering



Wooding



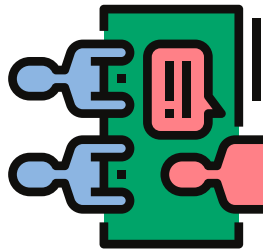
Smores



Stack
chairs



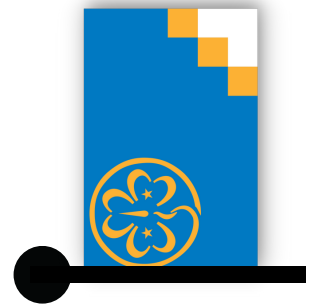
Vlogging



Patrol
time



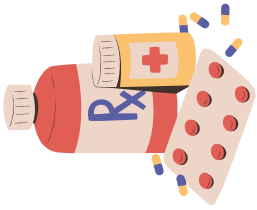
Gig



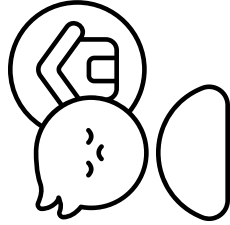
Flag

**To be cut out then laminate
Place velcro dots on reverse**

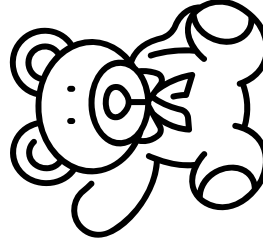
Medication



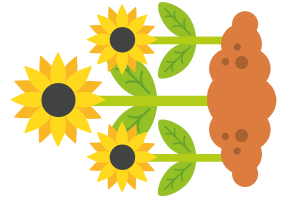
Homesick



Cuddly
toy



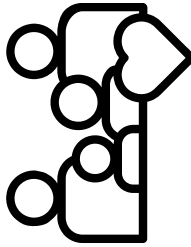
Gardening



Cutting
out



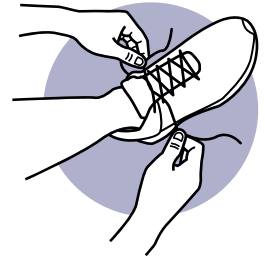
My
Family



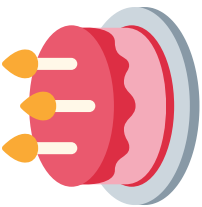
Brush
hair



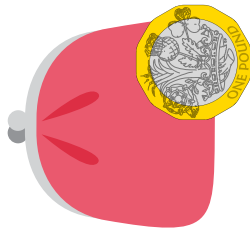
Tie
laces



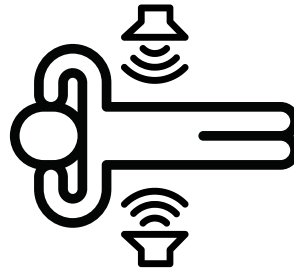
Birthday
cake



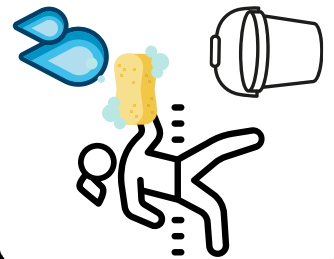
My
money



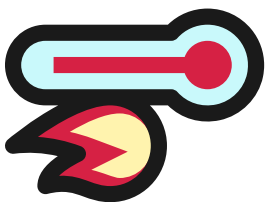
Too
loud



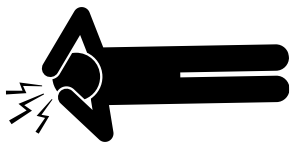
Water
games



**To be cut out then laminate
Place velcro dots on reverse**



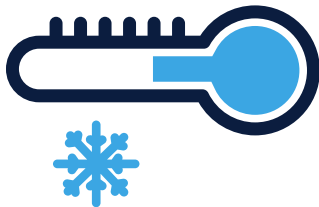
Too hot



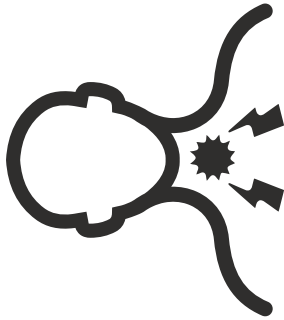
Headache



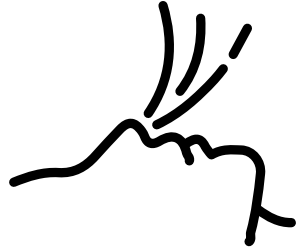
Stomach
ache



Too cold



Sore
throat



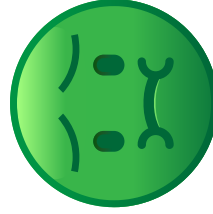
Blocked
nose



Confused



Sore
arm



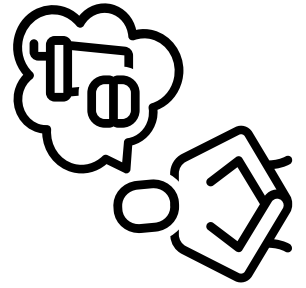
Sick



Scared



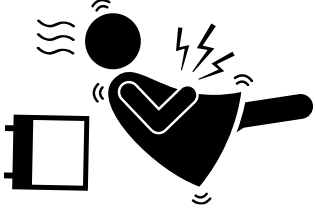
Sore
leg



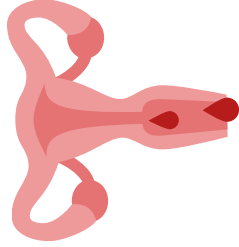
Hungry

To be cut out then laminate
Place velcro dots on reverse

Period
pain



Period



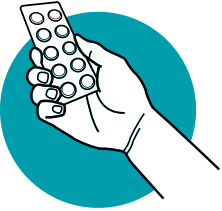
First
period



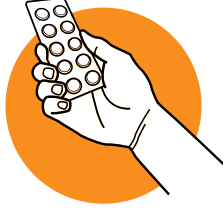
Hot
Water
bottle



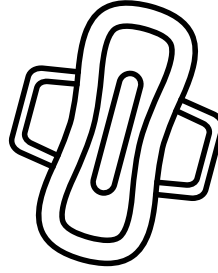
Paracetamol



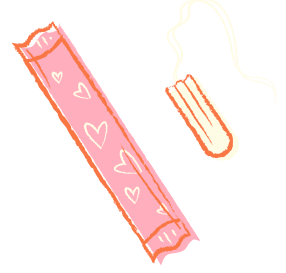
Ibuprofen



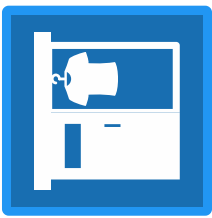
Sanitary
towel



Tampon



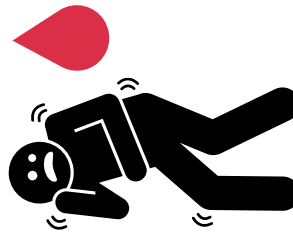
Change
of
clothes



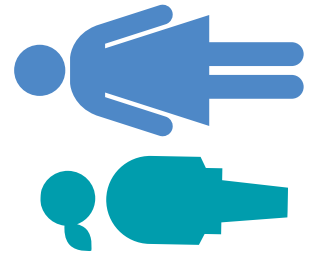
Shower



Scared




Need to
talk to an
adult




**To be cut out then laminate
Place velcro dots on reverse**


I have
a



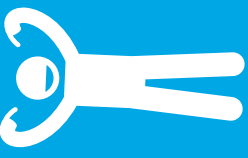
I do
NOT
like



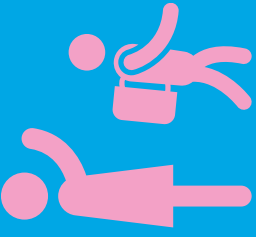
I DO
like




I am



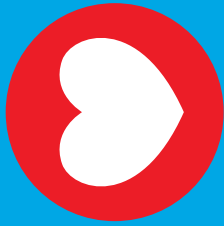
I went



I agree



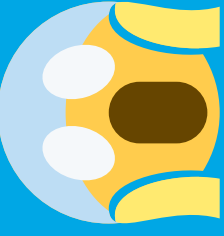
My
favourite
thing is




I feel
worried
about




I feel
scared
about




I feel
excited
about



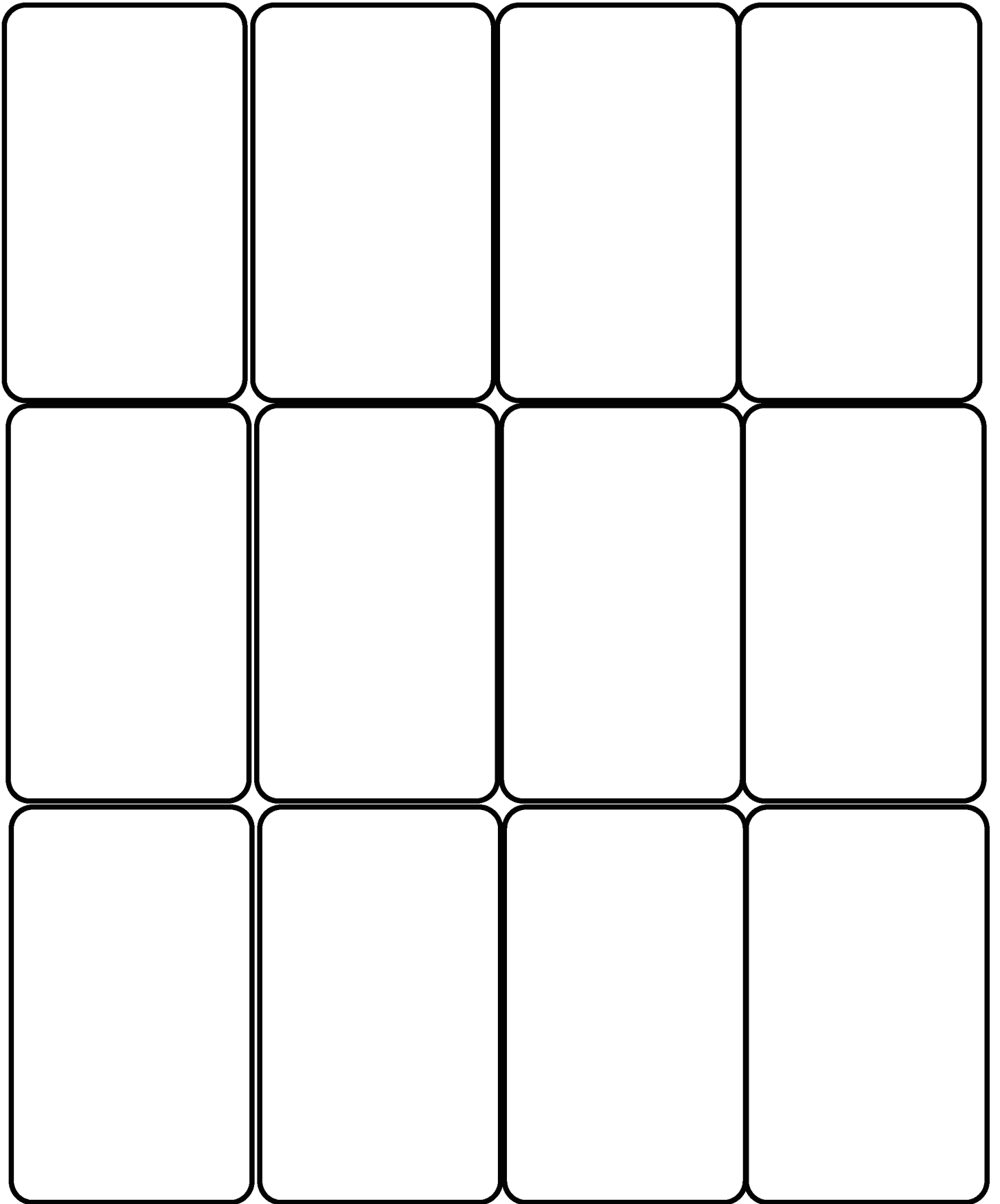
I want to
go to



It's



Sentence starters can be cut out then laminated Place velcro dots on reverse for step 4 onwards



Blanks can be cut out then laminate
Place velcro dots on reverse