

## Essential to hand in

- Forms
- Medication if needed in ziplock bag

If your Rainbow gets travel sick please ensure they have a tablet before travel, then hand in a named packet for the rest of the trip.

## To travel

- Small holdall or rucksack
- Small pillow
- Book /comic/magazine
- travel games eg dobble /trumps
- Pen and paper
- Tissues
- Small amount of sweets (Opt)
- Travel bands optional
- Small reusable bottle with drink

Rainbows will need a packed

- Breakfast
- Lunch
- Tea

## Sleeping kit

- Small Sleeping bag /roll mat
- Small travel pillow (On travel list)
- Torch and batteries
- Tea towel
- Small sized Teddy bear (Opt)
- Small amount sweets in container

## Spending

The limit for spending money is

£ \_\_\_\_\_

Please pack a named purse.



## Hygiene and health

- Wash bag
- Toothbrush and toothpaste
- Bar of soap in container
- Flannel
- Bobbles if long haired
- Suncream
- Hairbrush
- Towel
- Glasses and spares if needed
- Wet wipes

## Other items

- Small over shoulder bag for day
- Watch
- Carrier bag for dirty washing
- Camera optional
- Outfit for \_\_\_\_\_

## Clothing

- Rainbow uniform jacket to travel
- Rainbow uniform polo to travel
- Rainbow bottoms /leggings to travel
- 2 T-shirts
- 1 extra warm camp hoody/top
- 2 pairs of warm bottoms or leggings
- 2 pairs knickers
- Vest
- 2 pairs of socks
- Nightwear
- Slipper socks
- Trainers /walking shoes
- Gloves / hat / cap (seasonal)
- Waterproof coat



## Extra items



Phones and other electronics are not allowed to be brought unless required for medical devices. Girls can bring a disposable camera or inexpensive digital camera if they wish.