

# Overnight indoor holiday kit list

Please ensure all items are named

## Essential to hand in

- ☐ Forms
- ☐ Medication if needed in ziplock bag
- ☐ Packet of biscuits for elevenses

## To travel

- ☐ Comfortable mid size daysack
- ☐ Neck pillow (optional)
- ☐ Book /comic/magazine
- ☐ travel games eg dobble /trumps
- ☐ Pen and paper
- ☐ Tissues
- ☐ Small amount of sweets (Opt)
- ☐ Travel bands optional
- ☐ Reusable bottle with drink

If your Rainbow gets travel sick please ensure they have a tablet before travel, then hand in a named packet for the rest of the trip.

### Rainbows will need a packed

- ☐ Breakfast   ☐ Lunch   ☐ Tea

## Sleeping kit

- ☐ Sleeping bag
- ☐ Pillow
- ☐ Camp blanket
- ☐ Torch and batteries
- ☐ Tea towel
- ☐ Teddy bear
- ☐ Small amount sweets in container



## Spending

The limit for spending money is

£ \_\_\_\_\_

Please pack a named purse



Phones and other electronics are not allowed to be brought unless required for medical devices. Girls can bring a disposable camera or inexpensive digital camera if they wish.

## Hygiene and health

- ☐ Wash bag
- ☐ Toothbrush and toothpaste
- ☐ Bar of soap in container
- ☐ Flannel
- ☐ Bobbles if long haired
- ☐ Suncream
- ☐ Hairbrush
- ☐ Towel
- ☐ Glasses and spares if needed
- ☐ Wet wipes



## Other items

- ☐ Rucksack or soft holdall
- ☐ Watch
- ☐ Bag for dirty washing
- ☐ Outfit for \_\_\_\_\_



## Clothing

- ☐ Rainbow uniform jacket to travel
- ☐ Rainbow uniform polo to travel
- ☐ Rainbow bottoms /leggings to travel
- ☐ 3 T-shirts
- ☐ 2 warm camp hoodies/top
- ☐ 3 pairs of warm bottoms or leggings
- ☐ 4 pairs knickers
- ☐ Vest
- ☐ 4 pairs of socks
- ☐ Warm nightwear
- ☐ Slippers or crocs
- ☐ Trainers /walking shoes
- ☐ Gloves / hat / cap
- ☐ Waterproof coat



## Extra items