

Give it a Go Rangers Archery badge



To gain your 'Give it a Go' Archery badge, you should complete each of the activities below with a qualified instructor.

- Name the main health and safety points for archery.
- Name 5 items of equipment needed to play archery.

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1 Activity 1 - Demonstrate technique

- Demonstrate the correct technique:
 - Stance – the correct positioning
 - Bow – how to hold the bow and shoot safely
 - Arrow – load your arrow correctly
 - Collect your arrows safely



2 Activity 2 - Shooting

- Shoot 6 arrows at the target to practise your technique and aim.

3 Activity 3 - Demo

- Lead your own demonstration to your peers (or a partner) of how to use the correct technique to shoot in archery safely.

4 Activity 4 - Evaluate

- Evaluate another person's technique and correct any mistakes/ discuss any areas for improvement.

5 Activity 5 - Balloon pop

- There will be balloons attached to your target.
- Within the given time limit you must pop as many balloons as possible.
- You can only do this by shooting arrows.
- The person who pops the most balloons in the given time wins.