## Give it a Go Rangers Physical literacy badge





To gain your 'Give it a Go' physical literacy badge please complete the activities below.

Activity 1: Complete 2 activities from each section within the dragon sports multi pack.

Activity 2: Deliver a 'play to learn' story book session to a Rainbow or Brownie unit within your county.

Activity 3: Complete 5 unit sessions volunteering at your local rainbow, brownie or guide unit. You must help the leader or sports educator deliver sporting sessions using the physical literacy resource.





If you have enjoyed doing this then come and sign up as a sports educator and earn your Level 1, 2 or 3 in sports leadership.

Visit the Sport Wales <u>play to learn site</u>

Visit Sport Wales site to download cards here