

How much will it cost?

The total cost of the weekend is £100 per person. This includes food and accommodation but excludes personal travel. Discount is available for Girlguiding Cymru members undertaking the training or assessment.

Accommodation

Accommodation is mainly in bunks. Please bring lower sheet and pillow case and a sleeping bag or duvet. Some outdoor equipment is available to borrow.

How to apply

Closing date for all applicants: 31 January 2024.
Please return booking form and payment as follows:
Payment by cheque payable to Girlguiding Cymru to Girlguiding Cymru, The Coach House, Broneirion, Llandinam Powys SY17 5DE

Email booking form to: waleshq@girlguidingcymru.org.uk
and payment by bank transfer to:
Girlguiding Cymru
Sort Code 40-34-33
Account Number 91181076
Please use Walk & your surname as a reference.

What happens next

Once you have booked your place you will receive further information about the course, what equipment to bring and a skills checklist in which you can highlight your own individual requirements.

What if I need more information?

If you have any questions or would like further information please get in touch with Gill Beazley, Cymru Walking Adviser walking@girlguidingcymru.org.uk

Social Walking weekend and Girlguiding Walking Scheme



15 -17 March 2024

Level 2 training and assessment

Cefn Lea Park, Dolfor, Newtown, Powys SY16 4AJ

15 to 17 March 2024

Approved Girlguiding Walking Scheme Level 2 training

A Level 2 training course aimed at adult members wishing to extend their walking skills, to learn how to lead groups safely on moorland or in the hills, and to work towards gaining a Girlguiding walking qualification. The course will consist of practical and theoretical sessions based on the Level 2 syllabus including:

- Navigation
- Route planning
- Group management
- Leadership responsibilities
- Equipment and food
- Emergency scenarios and first aid
- Hazards and managing risk
- Weather
- Access and conservation
- Night navigation

Requirements

To start at Level 2 you should have undertaken six walks in any type of country of which:

One should have been at least 6 km or 4 miles

Three should have taken place in the last three years

One or more walks in Open country would be an advantage

This course can be adapted to suit particular needs, but will be quite intense and be mostly out on the hill so be prepared for hours of standing in the cold, rain and dark; if we're lucky it might be lovely. It's a weekend with like minded Girlguiding leaders having fun.

Approved Girlguiding Walking Scheme Level 2 assessment

The Level 2 assessment course is aimed at adults who have already attended an approved Level 2 training course or gained exemption. Participants will be assessed on all aspects of the Level 2 syllabus. Experience of walking in Open country is required.

Social walking

The social walking is an informal weekend run alongside the Level 2 weekend. This is a perfect opportunity to gain further hill walking experience, log book days, or simply to explore a new area.

All applicants must be over 16



Booking form



I would like to reserve a place for:

Level 2 Training

Level 2 Assessment

Social walking

Name _____

Tel: Mobile: _____

E-mail: _____

Girlguiding country/region: _____

Membership number: _____

Location and date of approved Level 2 training
(if applying for Level 2 assessment):

I enclose cheque

(made payable to Girlguiding Cymru)

I have paid by bank transfer.

Signed _____

