

CRICKET CHALLENGE PACK



In Partnership with



CRICED CYMRU
CRICKET WALES



GLAMORGAN

Welcome to the Cricket Wales Cricket Challenge Pack



Thank you for downloading the Cricket challenge pack! We are really excited to release the first ever challenge pack in partnership with Cricket Wales.

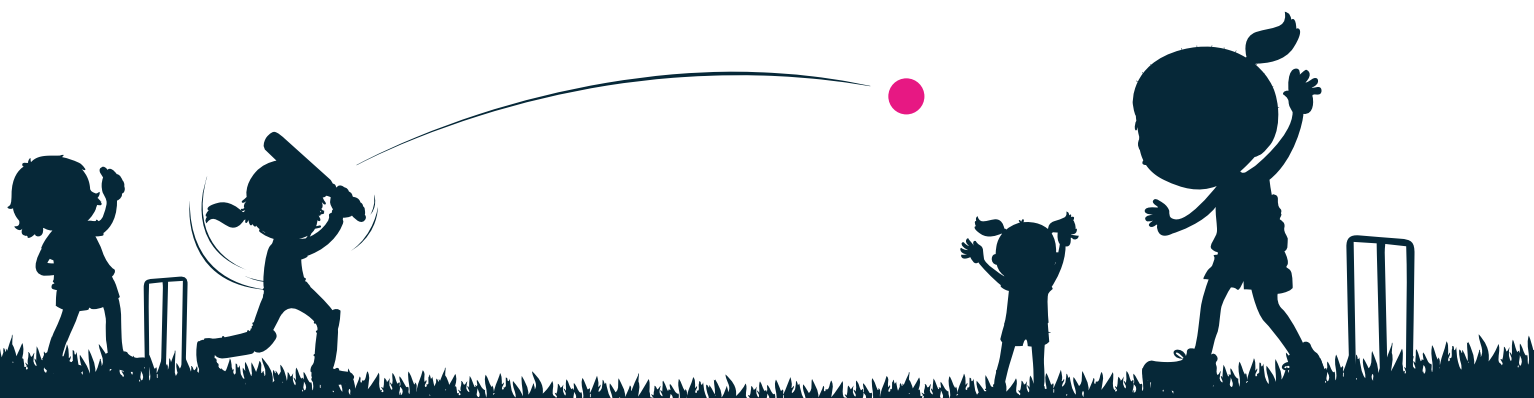
In this pack there are challenges suitable for each section. This can be completed in your unit or as individuals. Not only will you learn about girls' cricket and complete the activities in the pack, but you can also earn yourself an exclusive Cricket Wales/ Girlguiding Cymru badge.

Our aim is to work together to provide a fun, safe and friendly environment for girls to experience cricket and enjoy the positive effects that playing cricket can give to girls. We want girls to say 'Cricket is a game for me!'

We'd love to see pictures of you completing the challenges! Please upload your pictures on social media and use these hashtags:

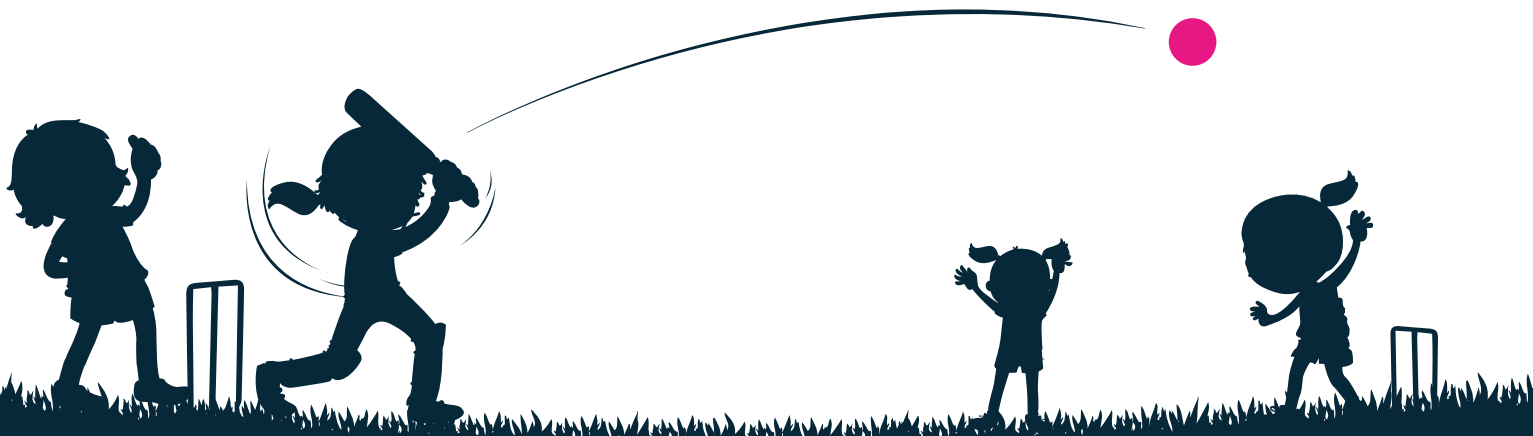
 @CricedCymru
 @CricketWales
#CricketWales
#WeAreWelshCricket

 @GirlGuidingCymruWales
 @GuidingCymru
#GirlGuiding Cymru



Contents

-
- 04** CROESO
-
- 05** COLOUR ME IN
-
- 06** NAME THE WELSH FIRE PLAYERS
-
- 07** DESIGN YOUR OWN KIT
-
- 08** MATCH THE PLAYERS AND POSITION
-
- 09** FIND THE CRICKET WORDS
-
- 10** WRITE A SHORT STORY
-
- 11** GIVE IT A GO!
-
- 13** FRIENDS!
-
- 14** WHERE ARE THE PLAYERS FROM?
-
- 16** DO YOU KNOW THE UMPIRE SIGNALS?
-
- 17** INFORMATION ON GETTING INVOLVED IN CRICKET
-
- 24** DID YOU KNOW?
-
- 26** CERTIFICATE
-
- 27** CONTACT DETAILS
-





CROESO!

WELCOME TO THE CRICKET WALES CHALLENGE PACK!

We are excited that you have picked up this pack to find out more about cricket and work through some of the challenges we have set for you.

Our Professional Women's Teams are excited to share their stories and for you to find out more about them throughout your journey in this pack.

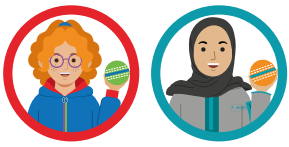
Enjoy yourselves and we cannot wait to see you with your cricket challenge pack badge!





ALL COLOUR ME IN!





GUIDES & RANGERS

NAME THE WELSH FIRE PLAYERS!



NAME THE PLAYERS

1. _____ GRIFFITHS
2. _____ BEAUMONT
3. _____ MATTHEWS
4. _____ GEORGE



ALL

DESIGN YOUR OWN KIT!



WHY DID YOU CHOOSE THOSE COLOURS?

WHY DID YOU CHOOSE THAT DESIGN?

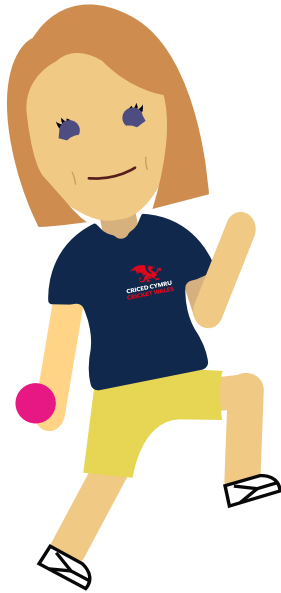


RAINBOWS & BROWNIES

MATCH UP THE SKILL AND POSITION



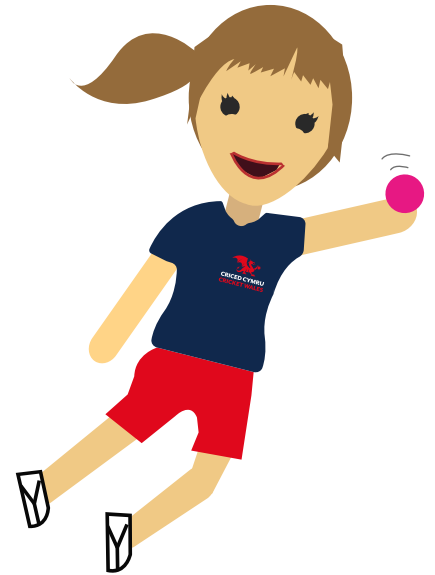
WICKET KEEPER



BOWLER



BATTER



FIELDER

STOPS THE BALL FROM GETTING TO THE BOUNDARY

AIMS THE BALL AT THE STUMPS

TRIES TO SCORE LOTS OF RUNS!

CAN USE GLOVES TO STOP THE BALL

Cymru

RYDYM YN DARGANFOD,
RYDYM YN TYFU
WE DISCOVER, WE GROW

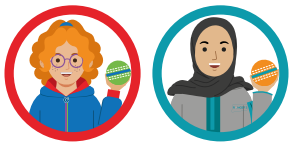
Girlguiding



CRICED CYMRU
CRICKET WALES



GLAMORGAN



GUIDES & RANGERS

FIND THE CRICKET WORDS

R	T	R	A	I	N	I	N	G	N	T	S	S	S
T	S	W	D	D	E	I	P	D	I	T	O	C	M
M	D	R	A	C	E	N	R	G	E	P	Y	A	H
U	N	E	F	A	U	T	R	K	H	M	N	G	P
I	E	S	S	T	A	I	C	I	R	S	G	I	I
Y	I	N	D	C	I	I	A	U	A	I	E	I	N
S	R	S	R	H	W	G	A	B	A	D	G	E	T
F	F	N	O	I	A	I	T	T	S	U	N	A	N
S	A	K	L	R	R	U	N	S	E	W	A	D	I
F	R	G	D	A	I	T	G	F	S	H	C	I	N
S	O	E	S	E	E	I	T	G	T	T	I	D	E
I	N	A	N	C	W	E	L	S	H	F	I	R	E
S	N	O	I	T	A	N	I	M	R	E	T	E	D
A	T	T	M	A	T	C	H	R	S	L	A	S	A

DETERMINATION
TRAINING
MATCH
FRIENDS

WICKETS
CYMRU
CATCH
RUNS

BADGE
WELSH FIRE
LORDS
SOPHIA GARDENS



BROWNIES, GUIDES & RANGERS

WRITE A SHORT STORY



SEE IF YOU CAN USE ALL THE WORDS FROM THE WORD SEARCH

Large white rectangular area for writing a short story.



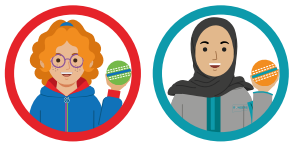
RAINBOWS & BROWNIES

GIVE IT A GO!

Here are some of our Fun Cricket Challenges to try at home or in your Girlguiding unit with friends.

Click on the challenges in blue if you are completing this booklet online OR visit and Subscribe to the Chance to Shine Youtube if you print off the booklet. Once you've given it a go, write down or tell an adult what you enjoyed about the challenge.

CRICKET WALES CHALLENGE	SCORES	WHAT I LIKED MOST ABOUT THIS CHALLENGE
CLAP CATCHING		
HIGH CATCHING		
REACTION CATCHING		
CLOSE FIELDING		
CRICKET BOWLING		
CRICKET BATTING		



GUIDES & RANGERS GIVE IT A GO!

Here are some of our Welsh Way Moves to try at home or in your Girlguiding unit with friends.

Click on the challenges in blue if you are completing this booklet online OR visit and Subscribe to the Chance to Shine Youtube if you print off the booklet. Once you've given it a go, write down or tell an adult what you enjoyed about the challenge.

CRICKET WALES CHALLENGE	SCORES	WHAT I LIKED MOST ABOUT THIS CHALLENGE
COOL CATCHER		
BRILLIANT BOWLER		
SUPER STRIKER		
CREATIVE CRICKETER		
FEROCIOUS FIELDER		
SKILLFUL SCORER		

Did you know? There are many opportunities to get involved in cricket – All stars, Dynamos and Softball from ages 5 upwards. Find out more about girls' cricket teams in your area by visiting the Cricket Wales Women's and Girls' Page

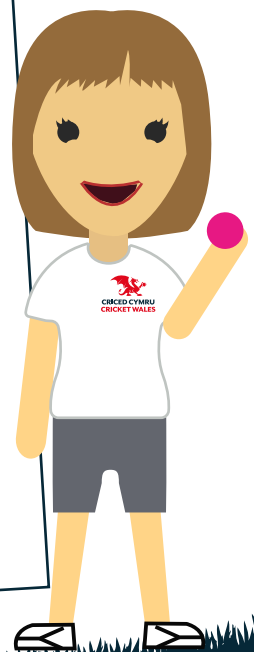
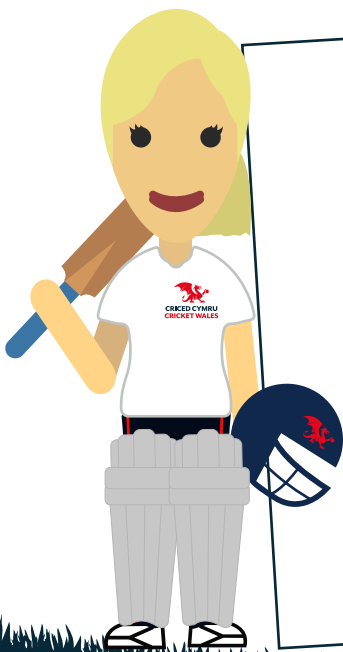


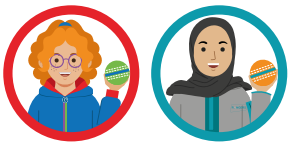
RAINBOWS & BROWNIES FRIENDS!

Sport can be really fun to participate in, especially if you have lots of friends that play! Imagine Ayesha and Cara (on the blue team) are joining the school cricket club for the very first time; write down what you would do to make them feel part of the team:



Skye and Beth (white team) have been playing cricket for a long time, they really enjoy it! Write down the activities you think they could do to make sure Ayesha and Cara learn the basic skills of cricket so they come back next week:





GUIDES & RANGERS

WHERE ARE WELSH PLAYERS FROM?

Read the clue to find out where some of our Senior Wales Women's Players are from! Write the players' name at the right location on the map. You might need to search online to find the right location!

ALEX GRIFFITHS WELSH FIRE

My home town is a famous industrial powerhouse producing steel in West Wales...

GWEN DAVIES BIRMINGHAM PHOENIX

My home town is a small village in the Swansea Valley...

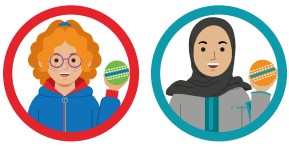
LAUREN PARFITT

My home town has a historic transporter bridge opened 115 years ago...

CLAIRE NICHOLAS

My home town is the second largest city in Wales and famous of being the birth place of the poet Dylan Thomas...

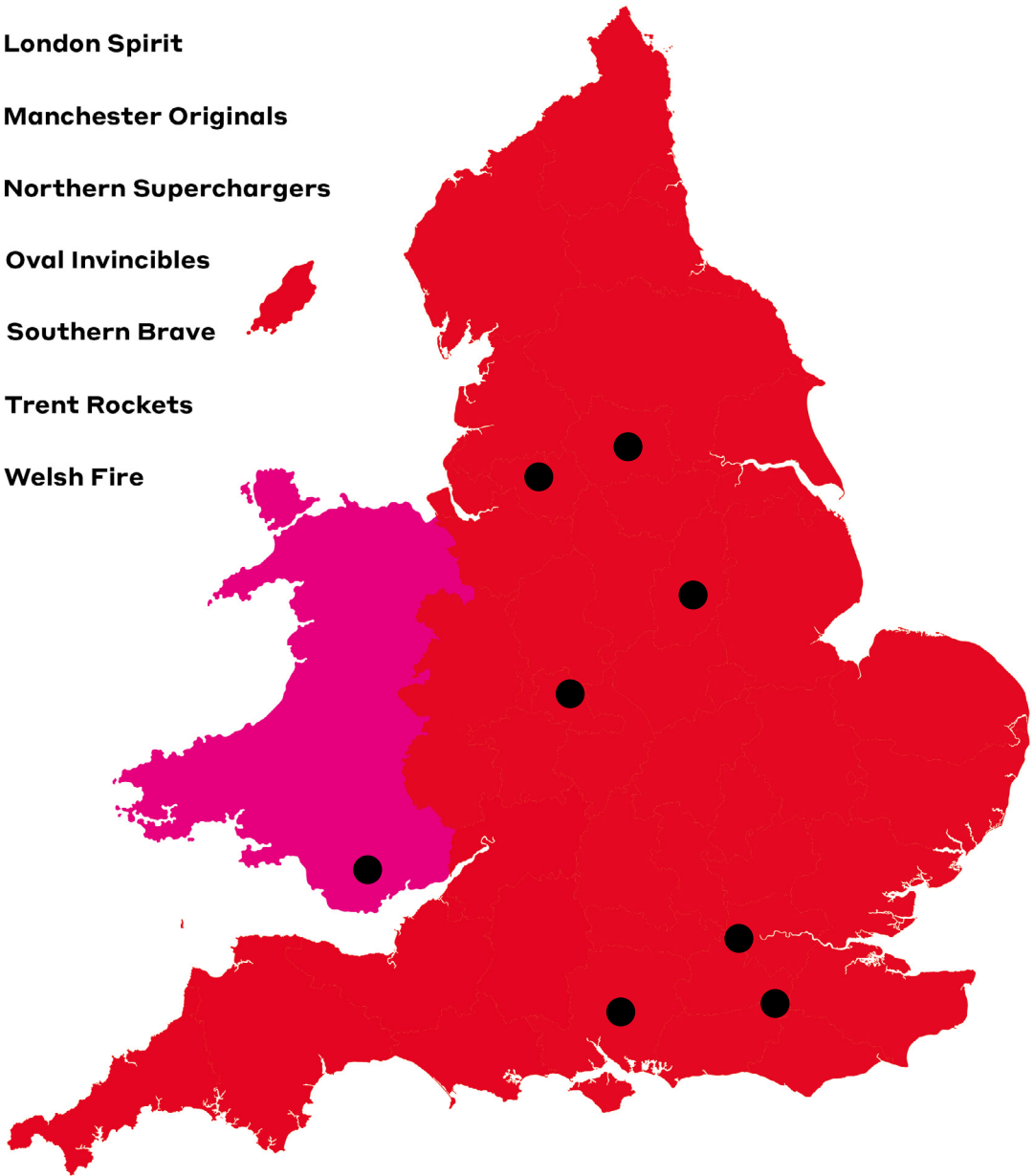




GUIDES & RANGERS

GUESS THE LOCATION OF THE HUNDRED TEAMS

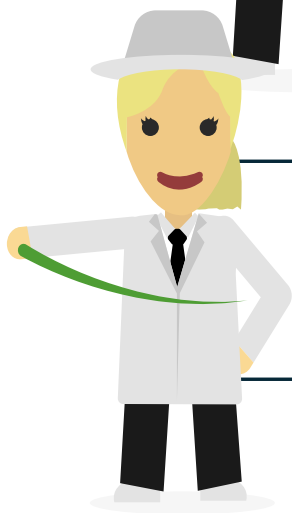
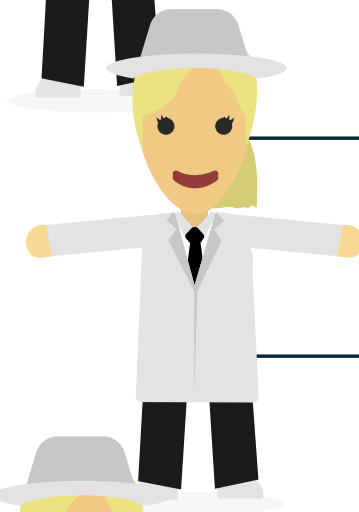
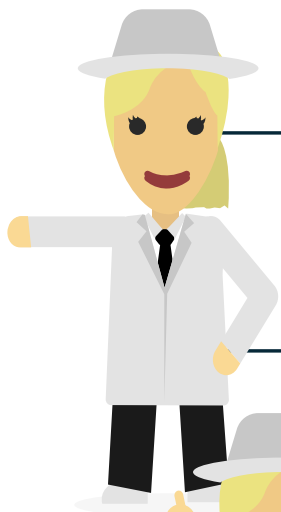
-  Birmingham Phoenix
-  London Spirit
-  Manchester Originals
-  Northern Superchargers
-  Oval Invincibles
-  Southern Brave
-  Trent Rockets
-  Welsh Fire





ALL

DO YOU KNOW THE UMPIRE SIGNALS?



OUT

FOUR

WIDE

SIX

LEG-BY

NO-BALL



FOLLOW US @WELSHFIRE

WATCH US IN ACTION
www.thehundred.com/tickets

FEEL THE HEAT



**WESTERN
STORM**

#STORMTROOPERS

WESTERNSTORM.CO.UK

f @ WESTERNSTORMOFFICIAL

🐦 @_WESTERNSTORM

Big Moments of summer fun!



For all 5 – 8 year-old boys and girls

Give your little star a summer of big moments, making new friends, learning new skills and creating new memories.

Every participant receives their very own personalised kit bag including bat, ball, cap and t-shirt!

Sign up today at

allstarscricket.co.uk or at the centre

Cyfle i Serennu gyda criced All Stars



Bydd criced All Stars yn ei ôl ym mis Mai eleni! Dyma gyfle gwych i fechgyn a merched 5 i 8 oed i chwarae criced am y tro cyntaf, gydag 8 wythnos llawn dop o hwyl, gweithgareddau a datblygu sgiliau.

Dysgwch fwy ar allstarscricket.co.uk
Cofrestru'n agor ym Mawrth



DYNAMOS
CRICKET

This is our game.

Calling all 8-11 year-olds!

Dynamos Cricket is the next step for All Stars graduates or the perfect intro to the sport for those new to the game.

Get involved this summer for 8 weeks of skills, games of Countdown Cricket and fun with friends.

Sign up today, at: dynamoscricquet.co.uk



DYNAMOS
CRICKET



Dyma ein gêm

Yn cyflwyno Criced Dynamos.

Rhaglen Griced newydd sbon ar gyfer rhai 8 i 11 oed sydd wedi graddio o All Stars, neu sy'n newydd i'r gamp! Cyfle ichi ddefnyddio'ch sgiliau mewn gêm griced ôl-gyfrif gyffrous, gyflym ac egnïol!

Dysgwch fwy ar dynamocricket.co.uk

Cofrestru'n agor yn Chwefror



AGED 13 +

Interested in playing Softball Cricket?

CONTACT:
SE Wales

Rebecca.Thomas@cricketwales.org.uk

SW Wales

Carl.Holding@cricketwales.org.uk

North Wales

Rachel.Warrenger@cricketwales.org.uk

RAINBOWS & BROWNIES

DID YOU KNOW?

What colour is the Welsh Fire kit?

How many players are on the pitch per team?

How many balls are bowled in an innings in the Hundred Competition?

Can you play cricket in a girls' only team in Wales?

What are the sessions called to introduce girls to cricket aged 5-8?

What are the sessions called to introduce girls to cricket aged 8-11?

What position in a cricket team sounds most fun to you?

Do you enjoy cricket and know where to find out more about cricket?

GUIDES & RANGERS

DID YOU KNOW?

Who sponsors Welsh Fire in the Hundred Competition?

Who is your favourite Welsh Fire player?

What is the highest innings score at Sophia Gardens?

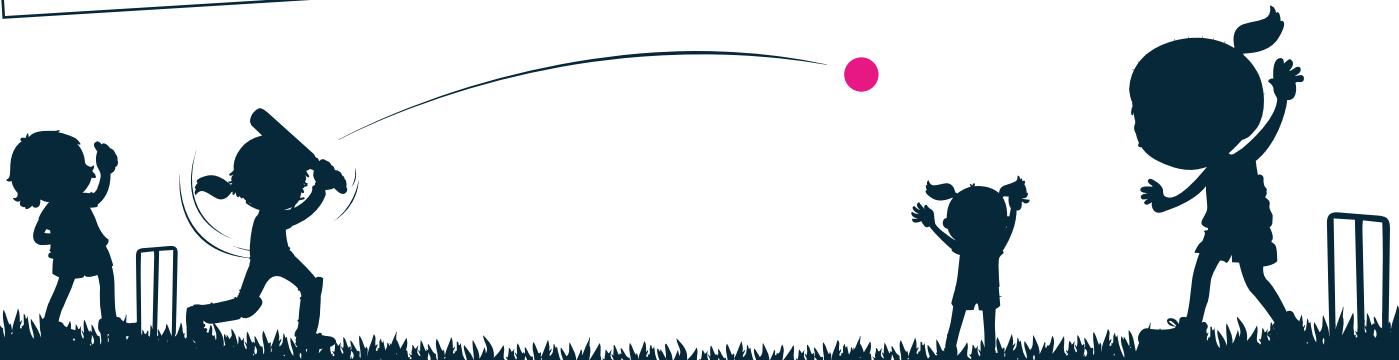
Can you list 3 benefits of playing cricket for each of the following aspects on your life:

PHYSICAL HEALTH>

<**MENTAL HEALTH**

SOCIAL SKILLS>

<**PERSONAL SKILLS**





CONGRATULATIONS!

YOU HAVE SUCCESSFULLY COMPLETED THE CRICKET CHALLENGE PACK! YOU ARE NOW A PART OF OUR CRICKET FAMILY!

Once you have completed a cricket festival or cricket taster session at your local club (either on your own or with your unit). Please visit the Girlguiding Cymru on-line shop to order your Cricket Challenge badges - www.girlguidingcymru.org.uk/shop

To contact the Girlguiding Cymru, Active Programmes Officer contact sadie@girlguidingcymru.org.uk



GENERAL ENQUIRES CRICKET WALES
Rachel.warrenger@cricketwales.org.uk – North Wales
Rebecca.thomas@cricketwales.org.uk – SE Wales
Carl.holding@cricketwales.org.uk – SW Wales

Cricket Wales, Sophia Gardens, Cardiff, CF11 9XR

T: 02920872087 W: www.cricketwales.org.uk



ANSWERS

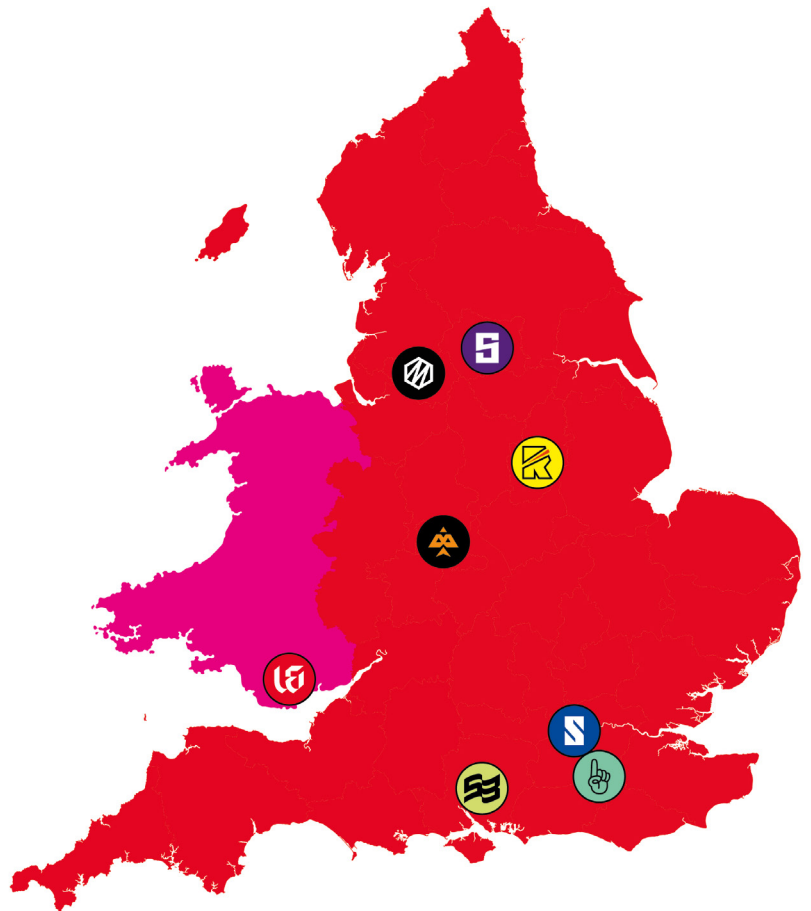
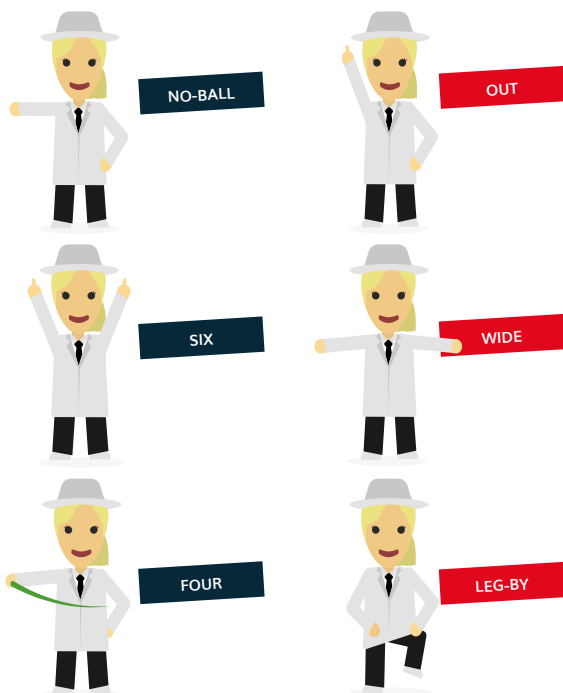
NAME THE PLAYERS

Alex Griffiths
Tammy Beaumont
Hayley Matthews
Katie George

WHERE ARE THE WELSH FIRE PLAYERS FROM?

Alex Griffiths – Port Talbot
Gwen Davies – Trebanos
Claire Nicolas – Swansea
Lauren Parfitt – Newport

UMPIRE SIGNALS



WHERE ARE THE HUNDRED TEAMS FROM?

DID YOU KNOW?

1. What colour is the Welsh Fire Kit? **Red**
2. How many players are on the pitch per team? **11**
3. How many balls are bowled in an innings in The Hundred Competition? **100**
4. Can you play cricket in a girls' only team in Wales? **Yes**
5. What are the sessions called to introduce girls to cricket aged 5 – 8? **All Stars**
6. What are the sessions called to introduce girls to cricket aged 8 – 11? **Dynamos**
7. What position in a cricket team sounds most fun to you? **Your Choice**
8. Do you enjoy cricket and know where to find out more about cricket?
Cricketwales.org.uk
9. Who sponsors Welsh Fire in The Hundred Competition? **Hula Hoops**
10. Who is your favourite Welsh Fire player? **Your Choice**
11. What is the highest innings Score at Sophia Gardens? **674**



CRICED CYMRU CRICKET WALES

All Stars - Girls Aged 5-8
Dynamos - Girls Aged 8-11
Women's Softball Cricket - Girls Aged 13+

GENERAL ENQUIRES CRICKET WALES

Rachel.warrenger@cricketwales.org.uk – North Wales
Rebecca.thomas@cricketwales.org.uk – SE Wales
Carl.holding@cricketwales.org.uk – SW Wales

Cricket Wales, Sophia Gardens, Cardiff, CF11 9XR

T: 02920872087 **W:** www.cricketwales.org.uk

Registered Charity No. 1123385



Girlguiding Cymru, The Coach House, Broneirion, Llandinam, Powys, SY17 5DE

T: 01686 688652 **E:** waleshq@girlguidingcymru.org.uk
W: www.girlguidingcymru.org.uk

Registered Charity No. 521209

In Partnership with



CRICED CYMRU CRICKET WALES



GLAMORGAN